


March 2024 Independent & Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key CH: Chapel CR: Club Room LE: Life Enrichment Room 2nd Fl /B: Bistro DR: Dining Room WS: Wellness Studio FC: Fitness Center Lby: Lobby Lib: Library FR: Family Room 1st Fl	<u>Activities are subject to change.</u> Please refer to the daily activity sheets for the most up to date inf. These can be found in the elevators, mail room & on the large bulletin board by the Wellness Office.	<u>Friendly Reminder</u> Please check the Daily Activity Sheet posted throughout the campus that will have the most up to date activity information.	<u>Bus Outings</u> Sign up for all outings so we have a head count on how many are going. We do need at least 4 signed up for the outing to go. Thank You!	 What does RL mean behind an act? It means it is a resident led activity.	1 9:00 Catholic Comm. Svce-CH 9:30 Drumming-WS/RL 10:00 Spring Flower Show/Arboretum/Sign up 10:45 Card Bingo-LE 3:00 Movie & Popcorn-CR 3:00 Stations of the Cross 3:30 Wii Bowling-WS/RL	2 10:00 Pet Visits-Lby 10:30 River Valley volunteers here-sing along in the chapel then donuts to follow 3:00 Rummikube-B/RL 4:30 Catholic Mass-CH No Bingo Today
3 9:30 Morning Prayer/CH 1:30 Classy Nails/Carol Bistro 1:30 Cribbage-B (RL) 2:00 500 Cards-B (RL) <u>stop in the Bistro this afternoon for cookies and coffee</u>	4 9:00 Yoga-WS 10:00 Sit to be Fit-LE 10:00 Cub Foods 10:30 Brain Fitness-LE 11:00 Lent Bible Styl/ Steph-WS 1:30 Bridge-DR/RL 2:00 Small Grp Book Clb-LE 3:00 Bingo-CR 6:30 Hand & Foot-CR/RL	5 9:00 Catholic Mass 9:30 Strong & Fit-WS 10:00 Grief Support-FR 10:00 Making Bracelets-B 1:30 Classy Nails/Carol-B 1:30 Wrld Religns-CR/RL 2:30 L,C,R Dice-B/RL 3:00 Sml Grp-Bunco-LE 3:45 Chair Yoga-WS 6:30 Hand & Foot-CR/RL	6 9:00 Catholic Mass 9:45 Yoga-WS 10:30 Chapel Comm.-CH 11:15 Wlknng Warriors-lby 1:30 Rosary-CH 2:00 Tying Quilts-CR/RL 2:00 Stitch & Chat-B 3:00 Scrabble-B (RL) 3:00 Sml Grp/Games-LE 6:30 Bingo Night-CR	7 9:00 Catholic Mass 9:30 Strong & Fit-WS 10:00 Aldi's/Michael's or Local Imports 10:00 Sit to be Fit-LE 10:45 1:1's/Asstd Livng 1:15 Movie-Barbie-CR 3:00 Happy Hour-B Wear Pink /Pink Theme! It's Barbie's Bday Month	8 9:00 Catholic Mass 9:30 Drumming-WS/RL 10:00 Q & A Session W/Rep. Tabke-CH 10:00 Brain Fitness-LE 10:45 Card Bingo-LE 2:00 Chan-O-Lairs-CH Performs 3:00 Stations of the Cross 3:15 Movie/Popcorn-CR 3:30 Wii Bowling-WS/RL	9 1:30 Bingo-CR 3:00 Rummikube-B/RL 4:30 Catholic Mass-CH No Pet Visits Today
10 9:30 Morning Prayer/CH 1:30 Cribbage-B (RL) 2:00 500 Cards-B (RL) Daylight Savings <u>stop in the Bistro this afternoon for cookies and coffee</u>	11 9:00 Yoga-WS 10:00 Sit to be Fit-LE 10:30 Brain Fitness-LE 10:00 Cub Foods 11:00 Lent Bible Stdy-WS 1:30 Bridge-DR/RL 3:00 Bingo-CR 6:30 Hand & Foot-CR/RL	12 9:00 Catholic Mass 9:30 Strong & Fit-WS 10:00 Irish Card Mking-B 1:30 Classy Nails/Carol-B 2:30 L,C,R Dice-B/RL 3:00 Pres. Galvin Life as A Medicine Man-CH 4:00 Chair Yoga-WS 6:30 Hand & Foot-CR/RL	13 *Spa Day with Carol/Sign up/ Bulletin Board 9:45 Yoga-WS 10:30 Chapel Svce-CH 11:15 Wlknng Warriors-lby 1:30 Rosary 2:00 Stitch & Chat-B 3:30 Scrabble-B 3:00 Sml Grp/Games-LE 6:30 Aiden's Film-CR	14 9:00 Catholic Mass 9:30 Strong & Fit-WS Video Today 10:00 Sit to be Fit-LE 10:45 1:1's/ Asstd Living 1:30 Documentary-Night On Earth-CR 3:00 Happy Hour-CR St Patty's Day Themed! Wear Green!	15 9:00 Catholic Mass 9:30 Drumming-WS/RL 10:00 Walmart Outing 10:45 Card Bingo-LE 3:00 Stations of the Cross 3:15 Movie/Popcorn-CR 3:30 Wii Bowling-WA/RL	16 10:00 Pet Visits-Lby 1:30 Bingo-CR 3:00 Rummikube-B/RL 4:30 Catholic Mass-CH

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LIVING COMMUNITY | GEOLOCATOR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 9:30 Morning Prayer/CH 1:30 Cribbage-B (RL) 2:00 500 Cards-B (RL) <u>Stop in the Bistro this afternoon for cookies and coffee</u> <u>Happy St. Patty's Day</u>	18 9:00 Yoga-Video-WS 10:00 Sit to be Fit-LE 10:30 Brain Fitness-LE 10:00 Hyvee-Sign up 11:00 Lent Bible Stdy-WS 12:00 Monthly Resident Potluck-CR 1:30 Bridge-DR/RL 3:00 Bingo-CR 6:30 Hand & Foot-CR/RL	19 9:00 Catholic Mass-CH 9:30 Strong & Fit-WS 10:00 Grief Support-FR 10:00 Craft-Bunny Towels-B 1:30 Classy Nails/Carol-B 1:30 World Religions-CR 2:30 L,C,R Dice-B/RL 3:00 Asstd Living Coffee & Conv. – LE 3:45 Yoga -WS 6:30 Hand & Foot-CR/RL	20 *Spa with Carol/Sign up 9:45 Yoga-WS 10:30 Chapel Svce-CH 11:15 Wlkng Warriors-lby 1:30 Rosary-CH 2:30 Music-Russell S. 2:00 Tying Quilts-CR 2:00 Stitch & Chat-B 3:00 Scrabble-B 3:00 Corn Hole Toss-B 6:30 Movie Night-CR	21 9:00 Catholic Mass-CH 9:30 Strong & Fit-WS 10:00 Sit to be Fit-LE 10:10 Tech Time-Sign up 10:45 1:1's/ Asstd Living 11:00 Witty Minds Bk Clb 1:30 Documentary-CR 3:00 Happy Hour-CR Dippin Day/Come to HH for from yummy DIPS!	22 9:00 Catholic Mass-CH 9:30 Drumming-WS/RL 9:30 Sit to be Fit-LE 10:00 Brain Fitness-LE 10:45 Lunch Outing Mallards/Shakopee 3:00 Stations of the Cross 3:00 Movie/Popcorn-CR Musical Lion King 3:30 Wii Bowling-WS/RL	23 10:00 Pet Therapy-Lby 1:30 Bingo-LE 3:00 Rummikube-B/RL 4:30 Catholic Mass-CH
24 9:30 Morning Prayer/CH 1:30 Cribbage-B (RL) 2:00 500 Cards-B (RL) <u>Stop in the Bistro this afternoon for cookies and coffee</u> <u>Palm Sunday</u>	25 9:00 Yoga-WS 10:00 Sit to be Fit-LE 9:30 Humanity Alliance Outing (Volunteering) 10:30 Brain Fitness-LE 11:00 Lent Bible Stdy 1:30 Bridge-DR/RL 2:00 Small Grp Crafts-LE 3:00 Bingo-CR 6:30 Hand & Foot-CR/RL	26 9:00 Catholic Mass-CH 9:30 Strong & Fit-WS 10:00 Mking East Baskts-B 10:30 Resident Mtg-CH 1:00 Cub Foods 1:30 Classy Nails/Carol-B 2:30 L,C,R Dice-B/RL 3:00 Monthly Birthday Party-B 6:30 Hand & Foot-CR/RL	27 * Spa with Carol/ Sign up 9:45 Yoga/-WS 10:00 Outing/Chan. Dinnr Theater 10:30 Chapel Svce-CH 11:15 Wlkng Warriors-lby 1:30 Rosary-CH 2:00 Stitch & Chat-B 2:30 Spring Tea/Sign up 3:00 Scrabble-D 6:30 Aiden's Film-CR	28 9:00 Catholic Mass-CH 9:30 Strong & Fit-WS 10:00 Sit to be Fit-LE 10:10 Tech Time-Sign up 10:30 Target/Kohl's 10:45 1:1's/ Asstd Living 1:30 Documentary-CR Night On Earth-CR 3:00 Happy Hour-CR	29 9:00 Catholic Mass-CH Good Friday Svce 9:30 Drumming-WS/RL 10:00 Brain Fitness-LE 10:45 Card Bingo-LE 2:30 Entertainment Loren Wolfe CH 3:00 Movie/Popcorn-CR 3:30 Wii Bowling-WS/RL	30 10:00 Pet Therapy-Lby 1:30 Bingo-LE 3:00 Rummikube-B/RL 4:00 Catholic Mass-CH Easter Vigil
31 9:30 Morning Prayer/CH 1:30 Ecumenical Easter Church Svce-CH <u>Stop in the Bistro this afternoon for cookies and coffee</u> Happy Easter!	<p style="text-align: center;"> <u>Information for Small Grps for Assisted Living Residents/Subject to Change</u> New Small Groups are being offered for Assisted Living Residents Most Monday's 2pm-Read Aloud Book Club with Sarah Tuesday's at 3pm with Carol (except the 4th Tues of each month) (Activity varies) Most Thursday's 10:45 am 1:1 visits (in room visits for assisted living residents) </p>					