



# March 2024 Pathways Neighborhood



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activities are  
subject to change.

From Time to Time  
activities are ad-  
justed due to a va-  
riety of situations.  
Thank you!



1  
Morning-Trivia, Sit to be  
Fit & Hydration  
Afternoon Music Videos  
(TV), Sharing positivity-  
Thankfulness  
Late Afternoon-Can you  
Picture it Activity

2  
Morning-Sing Along-CH  
Morning stretches  
& hydration  
Afternoon-Movie Day  
4:30 Catholic Mass-TV

3  
Morning-Church (TV),  
Activities with Carol  
Afternoon-Coffee So-  
cial

4  
Early AM-1:1's  
Morning-Current Events,  
Stretches & Hydration  
Afternoon-True or False  
Trivia & Matching Game  
LA-Hand Massages/Art  
Therapy

5  
Early AM-1:1's  
Morning-Tidy Up, Hydra-  
tion &  
Afternoon-Sing Along &  
Positivity Hour-positive  
quotes, cutting and dec-  
orating the neighborhood  
LA-Sensory Activities &  
Funny animal Videos

6  
Early AM-1:1's  
Morning-News, Exercise,  
**Mass** & Short Stories  
Afternoon-**Making Oreo  
Pudding Treat Cups**  
& Coffee Social  
LA-Meditation Videos  
  
**National Oreo Cookie Day**

7  
Early AM-1:1's  
Morning-Humor Hour ,  
Stretches, Hydration  
**10:30 Worship Svce**  
Afternoon-**Drive**  
**Around in our new**  
**BUS** /Happy Hour/Ice  
Cream to follow  
Lucille to play piano  
around 4ish

8  
Morning-Sit to be Fit &  
Hydration  
**1:30 Chan-O-Lairs**  
**Perform in the Chapel**  
LA-Devotions/  
Making Name Posters  
  
Celebrating Names Day

9  
Morning-News, Hydra-  
tion & Walk About  
Afternoon-Movie  
4:30 Catholic Mass-TV

10  
Morning-Church (TV),  
Activities with Carol  
this am

Daylight Savings



11  
Morning-Current Events  
Cutting Shamrocks&  
Stretches & Hydration  
**Afternoon-Music Ther-  
apy with Jennifer**  
**(musical safari)**  
LA-Hand Massag-  
es/Adult Coloring

**Clover all Over Day**

12  
Early AM-1:1's  
Morning-Tidy Up, Facts  
of the Day, & Fitness  
Fun & Hydration  
Afternoon- Sing Along &  
**Graham Crackr Treats**  
LA-Sensory Activities

**Graham Cracker Day**

13  
Early AM-1:1's  
Morning-News, Exercise  
**Mass** & Story Hour  
Afternoon-**Spring**  
**Tea Party & Treats/Trivia**  
LA-Spring Adult Coloring  
& Meditation Videos

14  
Early AM-1:1's  
Morning-News/Stretches  
**10:30 Worship Svce**  
Afternoon Happy Hr &  
about Butterflies/Video  
LA-Memory Game

**Butterflies Day**  
Lucille to play piano  
around 4ish

15  
Morning-Fun Facts, Sit  
to be Fit & Hydration  
Afternoon-All About  
Panda's & Coffee Social  
**Movie Day**  
LA Devotins/reflections

**National Panda Day**

16  
Morning-Activities with  
Sarah  
Afternoon-Movie  
  
4:30 Catholic Mass-TV



# March 2024 Pathways Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>17</div> <div>Morning-Church (TV), &amp; Self-Dir. Activities Word Search and coloring avail.</div> <div></div> <div>Happy St. Patrick's Day</div>	<div>18</div> <div>Early AM-1:1's Morning-Current Events, Stretches &amp; Hydration Afternoon-Irish Music (youtube) St. Pat's Day puzzles/Trivia Coffee LA-Hand Massages</div> <div>Celebrating St. Patty's Day Today</div>	<div>19</div> <div>Early AM-1:1's Morning-Tidy Up, Hydration and Fitness Fun Afternoon-Sing Along Watercolor Paint or Jigsaw puzzles LA-Sensory Activities</div> <div>First Day of Spring</div>	<div>20</div> <div>Early AM-1:1's Morning-, News, <b>Mass</b> &amp; Afternoon-Happiness Quotes, &amp; <b>John R. Vocalist in the Chapel</b> LA-Meditation Videos 1:1 Visits</div> <div>International Happiness Day</div>	<div>21</div> <div>Morning-News &amp; Stretch &amp; Hydration <b>10:30 Worship with Stephanie</b> Afternoon-Happy Hour LA-Memory Game</div> <div>Lucille to play piano around 4ish</div>	<div>22</div> <div>Morning-,&amp; Sit to be Fit, Hydration .Christmas Svce-TV (10:30) Afternoon-All About National Forests &amp; Coffee Social LA-Afternoon Stretch, Devotions/Positive Reflections</div> <div>Day of the Forests!</div>	<div>23</div> <div>Morning-Activities with Carol Afternoon-Movie Day Lion King the Musical &amp; Popcorn</div> <div>4:30 Catholic Mass-TV</div>
<div>24</div> <div>Morning-Church (TV), Activities with Carol Afternoon-Coffee Social</div>	<div>25</div> <div>Morning-All About Polar Bears, Stretches &amp; Hydration <b>Afternoon-Musical Safari (Jennifer 1:15) Coffee Social LA</b></div>	<div>26</div> <div>Early AM-1:1's Morning-Tidy Up, Fitness Fun, <b>Art Therapy with Rachel/Sarah</b> Afternoon-Monthly Birthday Party/Sing Along LA-Sensory Activities</div> <div>Celebrating March Birthday's Today</div>	<div>27</div> <div>Early AM-1:1's Morning-, News, <b>Mass</b> &amp; Afternoon-Junk Drawer Detective Act. Bingo LA-Meditation Videos &amp; 1:1 visits</div>	<div>28</div> <div>Morning-News &amp; Stretch &amp; Hydration <b>10:30 Worship with Stephanie</b> Afternoon-Happy Hour <b>Toss Across w/Prizes</b> LA-Memory Game Lucille to play piano around 4ish</div>	<div>29</div> <div>Morning-Good Friday Svce Chapel or TV, Sit to be Fit &amp; Hydration Afternoon-Music in the Chapel Loren Wolfe or on TV &amp; Coffee Social LA Devotions/reflections</div> <div>Good Friday</div>	<div>30</div> <div>Morning-Activities with Sarah Afternoon-Movie Day 4:30 Catholic Mass-TV</div>
<div>31</div> <div>Morning-Activities with Sarah Easter Fun!</div> <div>Happy Easter</div>	<div>Approximate Meal Time: Breakfast 8:00 am Lunch 11:30 am-Dinner 4:30 pm</div> <div><u>Wellness Staff on most days does the following</u> Hydration-mid morning/ Socials some afternoons (coffee, snacks and hydration) <u>Programming May Vary and activities may change</u> Morning activities start around 8:45/9 am Afternoon starts after lunch LA is Late afternoon-Times may vary</div> <div><u>Mon-Thurs-around 4 there is a short prayer grp in the lounge for all.</u> <u>Sisters/lounge</u></div>					