



July 2026

Benedictine Winona Benedictine Adult Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Daily Occurrences: 8:00-9:30 Snacks & Chats 9:30-10:00 Current Events 11:00-12:00 Lunch 12:00-1:00 Rest & Relax 2:30 Snack		1 10:00 Kings Corner or Build Up Game 11:00 Lunch Outing: Family Restaurant 12:50 Exercise 1:30 Food Jingo or iPad Bowling	2 10:00 Old Maid or 4 th of July Door Hangers 1:00 Chair Yoga w/ Sarah Jane 1:30 Polish Dice or Monopoly	3 10:00 Trash, Manicures or Lucky Dog 12:50 Exercise 1:30 Summer Jingo or Cards	4 Happy 4th of July
5	6 10:00 Yahtzee, Dominoes or Manicures 12:50 Exercise 1:30 Number Bingo or Kings Corner	7 10:00 Liberty Bell Windchimes or Wheel of Fortune 1:00 Tai Chi w/ Lynn 1:30 Music w/ Bruce Greenwood or Trash	8 10:00 United Shapes of America, Build Up Game or Manicures 12:50 Exercise 1:00 Movie: Weekend at Bernie's or Shopping at Target Snack: Popcorn	9 10:00 Card Bingo or Games: Client's Choice 1:00 Music w/ Joe Cody or Uno 2:00 Chair Yoga w/ Sarah Jane	10 10:00 Shut the Box or Suit Up 12:50 Exercises 1:30 Farkle or Walk to DQ	11
12	13 10:00 Wheel of Fortune, Monopoly or Board Games 11:00 Lunch Outing: Pizza Ranch 12:50 Exercise 1:30 6-5-4 Dice or Uno	14 10:00 Color a Patriotic Tune, Trash or Manicures 1:00 Tai Chi w/ Lynn 1:30 Summer Jingo or Polish Dice	15 10:00 Farkle or Nelson Trip 12:50 Exercise 1:30 Number Bingo or Lucky Dog	16 10:00 Yahtzee or Manicures 1:00 Chair Yoga w/ Sarah Jane 1:30 Shut the Box or Trash All Day Casino Trip 8:30-4:00	17 10:00 Flag Button Art pt.1, Kings Corner or Shopping at Walmart 12:50 Exercise 1:30 Farm Jingo or Games	18
19	20 10:00 Farm Jingo or Manicures 12:40 Exercise 1:00 Movie: National Lampoon's Vacation or Cards Snack: Popcorn	21 10:00 Guess the Founding Fathers/ Colony or Shut the Box 1:00 Tai Chi w/ Lynn 1:30 Number Bingo or Manicures	22 10:00 Find the Fake or Yahtzee 12:50 Exercise 1:30 Music w/Kent Larson or Uno	23 10:00 Penny Ante or Polish Dice 1:00 Chair Yoga w/ Sarah Jane 1:30 Summer Jingo or Lucky Dog	24 10:00 Flag Button Art pt.2, Farkle or Manicures 12:50 Exercise 1:30 Music w/ Gary Froiland or 6-5-4 Dice	25
26	27 10:00 Shut the Box, Farkle or Manicures 12:50 Exercise 1:30 Farm Jingo or iPad Bowling	28 10:00 6-5-4 Dice or Shopping: Dollar Tree 1:00 Tai Chi w/ Lynn 1:30 Trash or Board Games	29 10:00 Summer Jingo or Manicures 12:50 Exercise 1:30 Music w/ Colby Tushaus or Lucky Dog	30 10:00 Jeopardy or Uno 1:00 Chair Yoga w/ Sarah Jane 1:30 Kings Corner or Lakeview Drive Inn Trip	31 10:00 Yahtzee or Build Up Game 12:50 Exercise 1:30 Number Bingo or Trash	

* Please Remember to Bring Money for Outings*