




# BENEDALE CENTER - 2024



Villa St. Benedict  
 Benedale Center for Assisted Living  
[www.villastben.org](http://www.villastben.org)  
 Life Enrichment: 630-725-7040  
[lifenrichmentvsb@gmail.com](mailto:lifenrichmentvsb@gmail.com)

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday  |
|---|---|--|--|--|--|---|
|                                  | <u><b>Chapel Schedule</b></u><br><u>Mass</u><br>Sunday: 10:00am<br>Monday-Saturday: 11:30am<br><br><u>Rosary</u> 4:00pm Daily   | <u><b>Daily Meal Schedule</b></u><br><u>Breakfast</u> ~ 7:30 -10:00am<br><br><u>Lunch</u> ~ 11:30 -1:00pm<br><br><u>Dinner</u> ~ 4:30-6:00pm   | <u><b>Key</b></u><br><u>CK:</u> Country Kitchen<br><u>GR:</u> Great Room<br><u>GS:</u> Gathering Space<br><u>P3:</u> 3rd Floor Porch<br><u>2FL:</u> 2nd Floor  |   | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10am-12:30pm <b>1:1 Visits w/Kara</b><br>10:30 <b>Let's Walk</b> Lobby<br>2:00 <b>Wii Bowling</b> GR<br>3:00 <b>Dice Game</b> P3<br><br><b>ALL SAINTS DAY</b>  | 10:00 <b>Pawsitive Dog Therapy Visit, Gathering Space</b><br><br>1:30 <b>Midday Movie</b> GS<br><br><b>ALL SOULS' DAY</b> |
| 10:00 <b>Mass</b><br>6:00 <b>Social Hour &amp; 60 Minutes</b> GS<br><br>Daylight Savings Time<br>FALL BACK 1 Hour | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Word in a Word</b> P3<br>2:00 <b>Chimpanzees Day</b> P3<br>3:00 <b>UNESCO Anniversary</b> P3   | 9:15 <b>Seniorcise</b> 2nd Fl Parlor<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Nat King Cole Day</b> P3<br>2:00 <b>Rock and Roll Bingo</b> P3<br>3:00 <b>The Chosen</b> Chapter Room<br>3:00 <b>Puzzles</b> P3                                | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>Townhall Meeting</b> GR<br>10:30 <b>Wii Bowling</b> GR<br>1-3 <b>1:1 Visits w/ Cecelia</b><br>2:00 <b>Spa Day</b> 2nd Fl Parlor<br>3:00 <b>Trivia</b> P3<br>3-4:00 <b>Confession CANCELLED</b><br>7:00 <b>DuPage Chorale Practice</b> GR | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Brain Games</b> P3<br>2:00 <b>Noodle Volleyball</b> GR<br>3:00 <b>Sing-A-Long</b> 3rd Fl Porch<br>6:15 <b>Bingo</b> Dining Room | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Let's Walk</b> Lobby<br>2:00 <b>Wii Bowling</b> GR<br>3:00 <b>Happy Hour</b> CK<br>4-8pm <b>Art Show: Brother Kevin Coffey: "Creature Circulo"</b> PZ | 1:30 <b>Midday Movie</b> GS   |
| 10:00 <b>Mass</b><br>6:00 <b>Social Hour &amp; 60 Minutes</b> GS  | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Hangman</b> P3<br>12:00 <b>Veteran's Luncheon</b> DR<br>2:00 <b>Veteran's Day Salute Concert</b> GR<br>3:00 <b>History: Mary Edwards Walker; Medal of Honor</b> P3 | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Yahtzee!</b> P3<br>2:00 <b>Pizza Muffins</b> CK<br>3:00 <b>Happy Birthday! Sammy Sosa</b> P3<br>7:00 <b>DuPage Chorale Practice</b> GR                                    | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Wii Bowling</b> 2FL<br>1-3 <b>1:1 Visits w/Cecelia</b><br>2:00 <b>Vietnam Veterans Memorial Dedication</b> P3<br>3:00 <b>World Kindness Day</b> P3  | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Brain Games</b> P3<br>2:00 <b>Noodle Volleyball</b> GR<br>3:00 <b>Spicy Guacamole Day</b> CK<br>6:15 <b>Bingo</b> Dining Room   | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Let's Walk</b> Lobby<br>2:00 <b>Wii Bowling</b> GR<br>3:00 <b>Jeopardy!</b> P3  | 1:30 <b>Midday Movie</b> GS   |
| 10:00 <b>Mass</b><br>6:00 <b>Social Hour &amp; 60 Minutes</b> GS  | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Word in a Word</b> P3<br>2:00 <b>Thanksgiving Craft</b> P3<br>3:00 <b>Apple Cider Day</b> P3   | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News and Coffee</b> CK<br>10:30 <b>Turkey Toss</b> GR<br>2:00 <b>Let's Talk Turkey Tuesday</b> P3<br>3:00 <b>The Chosen</b> Chapter Room<br>3:00 <b>Dice Game</b> P3<br>7:00 <b>DuPage Chorale Practice</b> GR | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Wii Bowling</b> 2FL<br>1-3 <b>1:1 Visits w/Cecelia</b><br>2:00 <b>Stately Knowledge Day</b> P3<br>3:00 <b>Word Search</b> P3  | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Brain Games</b> P3<br>2:00 <b>Noodle Volleyball</b> GR<br>3:00 <b>Peanut Butter Fudge</b> CK<br>6:15 <b>Bingo</b> Dining Room   | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Let's Walk</b> Lobby<br>2:00 <b>Wii Bowling</b> GR<br>3:00 <b>Happy Hour</b> CK   | 1:30 <b>Midday Movie</b> GS   |
| 10:00 <b>Mass</b><br>6:00 <b>Social Hour &amp; 60 Minutes</b> GS  | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Hangman</b> P3<br>2:00 <b>Parfait Day</b> CK<br>3:00 <b>Happy Birthday! Joe DiMaggio!</b> P3   | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News and Coffee</b> CK<br>10:30 <b>Yahtzee!</b> P3<br>2:00 <b>Spa Day</b> 2nd Fl Parlor<br>3:00 <b>Explorers: James Cook</b> P3<br>7:00 <b>DuPage Chorale Practice</b> GR                                      | 9:15 <b>Seniorcise</b> GR<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Wii Bowling</b> 2FL<br>1-3 <b>1:1 Visits w/Cecelia</b><br>2:00 <b>Birthday Celebration!</b> Abbey Lane<br>3:00 <b>Entertainment: Edizon</b> GR  | 10:00 <b>Mass Chapel</b><br>1:30 <b>Midday Movie</b> GS<br><br>   | 9:15 <b>Seniorcise</b> 2FL<br>10:00 <b>News &amp; Coffee</b> CK<br>10:30 <b>Let's Walk</b> Lobby<br>2:00 <b>Wii Bowling</b> GR<br>3:00 <b>Trivia</b> P3  | 1:30 <b>Midday Movie</b> GS   |