



October 2026

Benedictine St. Joseph Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 No Exercise today 12:30 Book Club Meeting – Front lobby by TV 2:00 – 4:00 Fall Festival – Front lobby & Benedictine Hall	2 RED FRIDAY 9:30 Exercise –Benedictine Hall 10:30 National Peanuts Day: “It’s the Great Pumpkin, Charlie Brown” with games/treats – Benedictine Hall 2:00 Bingo – Benedictine Hall 3:30 Happy Hour: Chiefs Corn Hole Game with Mosaic Hospice – Benedictine Hall	3 9:45 Exercise – Benedictine Hall 10:10 Bingo with Shay – Benedictine Hall 2:00 Ten-Point Pitch – Independent Living dining area
4 2:00 Protestant Church Service – Benedictine Hall	5 9:35 Exercise – 1 st floor Assisted dining room 10:00 Make a Joyful Noise – Benedictine Hall 10:30 Poetry & Prose on the Patio – 1 st floor Assisted outdoor patio (outside dining room) 1:30 Spirit Lift – 1 st floor Skilled 2:30 Bingo – Benedictine Hall 3:30 Manicures by Whitney – 2 nd floor Assisted dining room	6 9:35 Exercise – 1 st floor Assisted dining room 10:00 Catholic Mass – Benedictine Chapel 2:00 Documentary: “Constellations & Cosmic Collisions” with Popcorn/drinks – 1 st floor Assisted dining room	7 9:30 Exercise –Benedictine Hall 2:00 Wheel of Fortune with Prizes – Benedictine Hall 3:00 Rosary – Benedictine Chapel	8 9:30 Exercise – Benedictine Hall 10:00 Trip to Wal-Mart – Sign up by TV 1:30 Bible Study – 1 st floor Assisted Living dining room 2:30 Quarter Bingo –Benedictine Hall	9 RED FRIDAY 9:30 Exercise –Benedictine Hall 10:15 Crochet Group (Bring Your Own Materials) – Benedictine Hall 2:00 Vet to Vet Café – Independent dining room 2:00 Bingo – Independent Living dining 3:30 Happy Hour: Jerry Rodriguez & Friends in Concert – Benedictine Hall	10 9:45 Exercise – Benedictine Hall 10:10 Fall Singalong with Whitney – Benedictine Hall 2:00 Ten-Point Pitch – Independent Living dining area
11 2:00 Protestant Church Service – Benedictine Hall	12 9:00 National Food Bank Week: Trip to Volunteer with Second Harvest Food Bank – Sign up 1 st floor desk 1:30 Spirit Lift – 1 st floor Skilled 2:30 Bingo – Benedictine Hall 3:30 Manicures by Whitney – 2 nd floor Assisted dining room	13 9:30 Exercise –Benedictine Hall 10:30 Wii Bowling – Benedictine Hall 2:00 Movie: “October Sky,” (1999) with popcorn & drinks – Benedictine Hall	14 9:30 Exercise –Benedictine Hall 10:30 Town Hall & Welcome Home Celebration – 1 st floor Assisted dining 2:30 Catholic Mass – Benedictine Chapel 3:00 Rosary – Benedictine Chapel 3:00 – 5:00 Drop-in Crafting: Pumpkin Decor with St. Joe Homeschoolers – 1 st floor Assisted dining room	15 9:30 Exercise – Benedictine Hall 10:00 Trip to Wal-Mart – Sign up at 1 st floor nurse’s desk 1:30 Bible Study – 1 st floor Assisted Living dining room 2:30 Quarter Bingo – Benedictine Hall	16 RED FRIDAY 9:30 Exercise –Benedictine Hall 10:30 Rolling Hills Library STAR Program (Library delivery service) – Benedictine Hall 2:00 Bingo – Benedictine Hall 3:30 Happy Hour: Whiskey Tasting + Guess the Animal Sounds – Benedictine Hall	17 9:45 Exercise – Benedictine Hall 10:10 Craft with Kim – Benedictine Hall 2:00 Ten-Point Pitch – Independent Living dining area
18 2:00 Protestant Church Service – Benedictine Hall	19 9:35 Exercise – 1 st floor Assisted dining room 10:00 Music with the Browns – Benedictine Hall 1:30 Spirit Lift – 1 st floor Skilled 2:30 Bingo – Benedictine Hall 3:30 Manicures by Whitney – 1st floor Assisted dining room	20 9:35 Exercise – 1 st floor Assisted dining 10:00 Catholic Mass – Benedictine Chapel 11:00 Silver & Gold Luncheon (\$5): Halloween – RSVP with Whitney 2:00 Movie: “Bella,” (2006) with popcorn & drinks – Benedictine Hall	21 9:30 Exercise –Benedictine Hall 10:30 Poetry & Prose with Espresso & Donuts – Benedictine Hall 2:00 Guitar Music by Charles from Aseracare– Benedictine Hall 3:00 Rosary – Benedictine Chapel	22 9:30 Exercise – Benedictine Hall 10:30 First Book Club Meeting – Benedictine Hall 1:30 Bible Study – 1 st floor Assisted Living dining room 2:30 Quarter Bingo – Benedictine Hall	23 RED FRIDAY 9:30 Exercise –Benedictine Hall 10:15 Crochet Group (Bring Your Own Materials) – Benedictine Hall 2:00 Readaloud by Larry Christy – Benedictine Hall	24 9:45 Exercise – Benedictine Hall 10:10 Bingo with Shay – Benedictine Hall 2:00 Ten-Point Pitch – Independent Living dining area
25 2:00 Protestant Church Service – Benedictine Hall	26 9:30 Exercise –Benedictine Hall 10:30 Jeopardy! – Benedictine Hall 1:30 Spirit Lift – 1 st floor Skilled 2:30 Bingo – Benedictine Hall 3:30 Manicures by Whitney – 2 nd floor Assisted dining room	27 9:30 Exercise – Independent common area 10:00 Catholic Mass – Benedictine Chapel 3:30 October Birthday Bash with Apple Cider Slushies – Independent dining room	28 9:30 Exercise – Benedictine Hall 10:30 Wii Bowling – 2 nd floor Assisted dining room 2:00 Bingo with Home Instead – Benedictine Hall 3:00 Rosary – Benedictine Chapel	29 9:30 Exercise – Benedictine Hall 10:00 Trip to Wal-Mart – Sign up at 1 st floor nurse desk 10:30 Book Club Meeting – Benedictine Hall 1:30 Bible Study – 1 st floor Assisted Living dining room 2:30 Quarter Bingo – Benedictine Hall	30 RED FRIDAY 10:00 Independent & Assisted Halloween Party – Benedictine Hall 2:30 Movie: “Cocoon” (1985) with popcorn & drinks – 1 st floor Assisted dining room	31 9:45 Exercise – Benedictine Hall 10:10 Make a Fall Wreath with Whitney – Benedictine Hall 2:00 Ten-Point Pitch – Independent Living dining area
October Birthdays: Joy Johnson 1 st Sharon Miller 16 th Dymple Gray 23 rd						

Activities subject to change.