



September 2026

Benedictine St. Joseph Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 NATIONAL FORGIVENESS DAY 9:30 Exercise – <i>Independent common area</i> 10:00 Catholic Mass – <i>Benedictine Chapel</i> 6:00 Forgiveness Presentation with Darryl Burton	2 9:30 Exercise – <i>Benedictine Hall</i> 10:30 Town Hall & Welcome Home Celebration – <i>Independent dining room</i> 2:00 Calm Piano Music by Whitney – <i>Benedictine Hall</i> 3:00 Rosary – <i>Benedictine Chapel</i>	3 9:30 Exercise – <i>Benedictine Hall</i> 10:00 Trip to Wal-Mart – <i>Sign up by TV</i> 12:30 Book Club Startup Meeting: Come & See the Book! – <i>Benedictine Hall</i> 1:30 Bible Study – <i>1st floor Assisted Living dining room</i> 2:30 Quarter Bingo – <i>Benedictine Hall</i>	4 RED FRIDAY 9:30 Exercise – <i>Benedictine Hall</i> 10:30 Wii Bowling – <i>Benedictine Hall</i> 2:00 Bingo – <i>Benedictine Hall</i> 3:30 Happy Hour: Family Feud with Mosaic Hospice – <i>Benedictine Hall</i>	5 Happy Labor Day Weekend! Self-led activities: Card games/activities available by TV
6 2:00 Non-Denominational Church Service – <i>Benedictine Hall</i>	7 9:30 Exercise – <i>Independent common area</i> 10:00 Make a Joyful Noise – <i>Benedictine Hall</i> 1:30 Spirit Lift – <i>1st floor Skilled</i> 2:30 Bingo – <i>Benedictine Hall</i>	8 9:30 Exercise – <i>Benedictine Hall</i> 10:30 Wheel of Fortune with Prizes – <i>Benedictine Hall</i> 2:00 Yosemite and Yellowstone National Park documentaries + Popcorn/drinks – <i>1st floor Assisted dining room</i>	9 9:30 Exercise – <i>Benedictine Hall</i> 12:30 CPR & Heimlich Maneuver Class – <i>Independent Living common area</i> 2:30 Catholic Mass – <i>Benedictine Chapel</i> 3:00 Rosary – <i>Benedictine Chapel</i>	10 9:30 Exercise – <i>Benedictine Hall</i> 10:30 Quarter Bingo – <i>1st floor Assisted Living dining room</i> 12:30 Book Club Meeting – <i>Benedictine Hall</i> 1:30 Bible Study – <i>1st floor Assisted Living dining room</i> 2:30 Trip to Nesting Goods in St. Joseph – <i>Sign up by TV</i>	11 RED FRIDAY 9:30 Exercise – <i>Independent TV area</i> 10:00 Protestant Church Service – <i>Benedictine Hall</i> 2:00 Vet to Vet Café with Special Guest Speaker Mike White – <i>Benedictine Hall</i> 2:00 Bingo – <i>Benedictine Hall</i> 3:30 Happy Hour: Price is Right with Home Instead – <i>Benedictine Hall</i>	12 11:00 Pony Express Therapy Dog Graduation – <i>Benedictine Hall</i> 1:00 Resident-led Games – <i>Independent Living common area</i>
13 GRANDPARENTS' DAY No Church Services 12:50 Grandparents Day Ice Cream Social with Turning Point Church – <i>Independent dining room</i>	14 9:30 Exercise – <i>Benedictine Hall</i> 12:00 Lunch & Learn (RSVP with Karen) – <i>Benedictine Hall</i> 1:30 Spirit Lift – <i>1st floor Skilled</i> 2:30 Bingo – <i>Independent Living dining room</i>	15 9:30 Exercise – <i>Independent common area</i> 10:00 Catholic Mass – <i>Benedictine Chapel</i> 11:00 Silver & Gold Luncheon (\$5): Football Tailgate – <i>RSVP with Whitney</i> 1:45 Movie with popcorn & drinks – <i>Independent Living common area TV</i>	16 9:30 Exercise – <i>Benedictine Hall</i> 10:30 The Wild Soul of the Everglades National Park documentary – <i>Benedictine Hall</i> 2:00 Guitar Music by Charles from Aseracare– <i>Benedictine Hall</i> 3:00 Rosary – <i>Benedictine Chapel</i>	17 9:30 Exercise – <i>Benedictine Hall</i> 10:00 Trip to Wal-Mart – <i>Sign up by TV</i> 12:30 Book Club Meeting – <i>Benedictine Hall</i> 1:30 Bible Study – <i>1st floor Assisted Living dining room</i> 2:30 Quarter Bingo – <i>Independent Living dining room</i>	18 RED FRIDAY 9:30 Exercise – <i>Benedictine Hall</i> 10:30 Poetry & Prose on the Patio – <i>1st floor Assisted outdoor patio</i> 2:00 Bingo – <i>Independent dining room</i> 3:30 Happy Hour with Jerry Rodriguez on Guitar – <i>Benedictine Hall</i>	19 9:45 Exercise – <i>Benedictine Hall</i> 10:10 Singalong with Whitney – <i>Benedictine Hall</i> 1:00 Resident-led Games – <i>Independent Living common area</i>
20 2:00 Non-Denominational Church Service – <i>Benedictine Hall</i>	21 9:30 Exercise – <i>Independent common area</i> 10:00 Music with the Browns – <i>Benedictine Hall</i> 1:30 Spirit Lift – <i>1st floor Skilled</i> 2:30 Bingo – <i>Benedictine Hall</i>	22 9:30 Exercise – <i>Independent common area</i> 10:00 Catholic Mass – <i>Benedictine Chapel</i> 2:00 Great Smoky Mountains & Grand Teton National Park documentaries + Popcorn/drinks – <i>Benedictine Hall</i>	23 9:30 Exercise – <i>Benedictine Hall</i> 10:30 Left Center Right with Money – <i>Benedictine Hall</i> 2:00 Ice Cream Social with Home Instead – <i>Benedictine Hall</i> 3:00 Rosary – <i>Benedictine Chapel</i>	24 9:30 Exercise – <i>Benedictine Hall</i> 10:30 Dutch Treat to Cracker Barrel – <i>Sign up by TV</i> 12:30 Book Club Meeting – <i>Benedictine Hall</i> 1:30 Bible Study – <i>1st floor Assisted Living dining room</i> 2:30 Quarter Bingo – <i>Benedictine Hall</i>	25 RED FRIDAY 9:30 Exercise – <i>Benedictine Hall</i> 10:30 Take a Hike with Whitney – <i>Meet in front lobby</i> 2:00 Readaloud by Larry Christy – <i>Benedictine Hall</i> 3:30 Happy Hour: Trivia Contest – <i>Benedictine Hall</i>	26 9:45 Exercise – <i>Benedictine Hall</i> 10:10 National Pancake Day with Kim – <i>Benedictine Hall</i> 1:00 Resident-led Games – <i>Independent Living common area</i>
27 2:00 Non-Denominational Church Service – <i>Benedictine Hall</i>	28 9:30 Exercise – <i>Benedictine Hall</i> 10:30 Jeopardy! – <i>Benedictine Hall</i> 1:30 Spirit Lift – <i>1st floor Skilled</i> 2:30 Bingo – <i>Benedictine Hall</i>	29 9:30 Exercise – <i>Independent common area</i> 10:00 Catholic Mass – <i>Benedictine Chapel</i> 2:30 September Birthday Bash with Cream Slushies – <i>Independent dining room</i>	30 9:30 Exercise – <i>Independent common area</i> 10:30 Take a Hike with Whitney – <i>Meet in front lobby</i> 2:00 Bingo with Home Instead – <i>Benedictine Hall</i> 3:00 Rosary – <i>Benedictine Chapel</i>			

September Birthdays: Maxine Pankau 7th | Betty Oakley 12th | Al Wohletz 23rd | Joann Zvolanek 25th | Lee Schott III 27th | Jerry Rodriguez 29th