Benedictine

November 2026

Benedictine Windermere Way
Pathways (Memory Care)

KEY: B Bistro | CH Chapel | CR Club Room | D Dining Room | FR Family Room | LBY Lobby | LE Life Enrichment Room | WS Wellness Studio | RE Resident Led | Outings shown in green | Activities subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 No Wellness Staff Today Puzzles, reading, patio visits, TV in the Living Room, a walk, cards, music, coloring, handiwork Take it easy and enjoy your day!	**2** 9:00am | "The Perk" Newsletter – Reading & Discussion 9:30am | Exercise Program 10:00am | BINGO 10:45am | Hydration & Snack 11:00am | Trivia 1:00pm | Pet Therapy (Opal) 2:30pm | Hydration & Snack 3:00pm | Noodle ball 4:30pm | Prayer Group	**3** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Exercise Program 10:30am | Hydration & Snack 10:45am | BINGO 11:45am | Musical Safari 1:30pm | Sing Along 2:45pm | Hydration & Snack 3:00pm | Balloon Ball 4:30pm | Prayer Group	**4** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Walk & Talk Grace 10:30am | Worship in Chapel 11:00am | Finish the lyrics 1:30pm | BINGO 2:30pm | Hydration & Snack 2:45pm | Finger painting with gloves 3:45pm | Concert series with Kenny Rogers	**5** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Worship (Rev. Stephanie) 10:30am | Hydration & Snack 10:45am | BINGO 1:30pm | Sing Along 2:30pm | Happy Hour 4:30pm | Prayer Group + Lucille on the Piano	**6** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Sit to be Fit 10:15am | Hydration & Snack 11:00am | Noodle Ball 1:30pm | Bingo 2:30pm | Hydration & Snack 2:45pm | Nails 3:30pm | Friday Movie & Popcorn	**7** 10:00am | Pet Therapy 4:00pm | Mass on TV AVAILABLE: puzzles, reading, patio visits, TV in the Living Room, a walk, cards, music, coloring, handiwork
8 No Wellness Staff Today Puzzles, reading, patio visits, TV in the Living Room, a walk, cards, music, coloring, handiwork Take it easy and enjoy your day!	**9** 9:00am | "The Perk" Newsletter – Reading & Discussion 9:30am | Exercise Program 10:00am | BINGO 10:45am | Hydration & Snack 11:00am | Early Lunch 12:30pm | Outing: Alive & Kicking Sing-Along 1:00pm | Pet Therapy (Opal) 2:30pm | Hydration & Snack 3:00pm | Travelogue Texas 4:30pm | Prayer Group	**10** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Exercise Program 10:30am | Hydration & Snack 10:45am | BINGO 11:45am | Musical Safari 1:30pm | Sing Along 2:45pm | Hydration & Snack 3:00pm | Balloon Ball 4:30pm | Prayer Group	**11** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Walk & Talk Grace 10:30am | Worship in Chapel 10:45am | Snack 11:00am | Noodle Ball 1:30pm | BINGO 2:30pm | Hydration & Snack 2:45pm | Fall Foam Craft 3;45pm Sing Along Elder 1	**12** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Noodle Ball 10:30am | Hydration & Snack 10:45am | BINGO 11:30am | Foam Craft 1:30pm | Patio Time 2:30pm | Happy Hour 4:30pm | Prayer Group + Lucille on the Piano	**13** 9:00am | Mass on TV 9:30am | Sit and Be Fit 9:45am | BINGO 10:15am | Hydration & Snack 10:30am | The Per/Discussion/Daily Chronicle/Trivia 11:00am | Worship (Rev. Stephanie) 1:30pm | Poetry reading 2:30pm | Hydration & Snack 2:45pm | Walk (inside the building) 3:30pm | Friday Movie & Popcorn	**14** 9:45am | The Perk Newsletter 10:00am | Pet Therapy 10:30am | Drumming (Sarah) 10:15am | Hydration & Snack 11:00am | Word Games (Sarah) 1:30pm | Movie 2:30pm | Hydration & Snack 3:15pm | TV Trivia (Sarah) 4:00pm | Mass on TV
15 No Wellness Staff Today Feel free to enjoy some independent time today -- Puzzles, reading, patio visits, TV in the Living Room, a walk, cards, music, coloring, handiwork. See you Monday!	**16** 9:00am | "The Perk" Newsletter – Reading & Discussion 9:30am | Exercise Program 10:00am | BINGO 10:45am | Hydration & Snack 1:00pm | Pet Therapy (Opal) 2:00pm | Scott County Library 2:30pm | Hydration & Snack 3:45pm | Back/Hand Massages 4:30pm | Prayer Group	**17** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Exercise Program 10:30am | Hydration & Snack 10:45am | BINGO 11:15am | Tic Tac Toe Bean Bag 1:30pm | Mind Blowing Trivia 2:00pm | Scott on the Guitar 2:45pm | Hydration & Snack 3:00pm | Jokes with Carol 4:30pm | Prayer Group	**18** 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Walk & Talk 10:30am | Worship in Chapel 10:30am | Hydration & Snack 11:15am | Travelogue: Egypt 1:30pm | BINGO 2:30pm | Hydration & Snack 2:45pm | Velcrow Dart Board with Balls 3:45pm | Flower arranging	**19** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Noodle Ball 10:30am | Hydration & Snack 10:45am | Sing along Elder 2 1:30pm | Cornhole 2:30pm | Happy Hour 4:30pm | Prayer Group + Lucille on the Piano	**20** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Word Games 10:15am | Hydration & Snack 10:30am | Sitting Exercises 11:00am | Worship (Rev. Stephanie) 1:30pm | Sing Along 2:30pm | Hydration & Snack 2:45pm | Elephant Trivia 3:30pm | Friday Movie & Popcorn	**21** 9:45am | The Perk Newsletter 10:00am | Pet Therapy 10:15am | Hydration & Snack 10:30am | Exercise 11:00am | BINGO 1:30pm | Movie 2:30pm | Hydration & Snack 3:15pm | Thanks Giving Trivia 4:00pm | Mass on TV

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 10:00am | "The Perk" Newsletter – Reading & Discussion 10:15am | Exercise 10:45am | Hydration & Snack 11:00am | Travelogue: Idaho 1:30pm | Color and Chat 2:30pm | Hydration & Snack 3:00pm | Movie	**23** 9:00am | "The Perk" Newsletter – Reading & Discussion 9:30am | Exercise Program 10:00am | BINGO 10:45am | Hydration & Snack 11:00am | Story Time (Chicken Soup) 1:00pm | Pet Therapy (Opal) 2:30pm | Hydration & Snack 3:00pm | Corn Hole 4:30pm | Prayer Group	**24** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Exercise Program 10:30am | Hydration & Snack 10:45am | BINGO 11:15am | Spa Day;Hand/Back Massages 11:45am | Musical Safari 1:30pm | Corn Hole 2:45pm | Hydration & Snack 3:00pm | Velcrow Bulls Eye Game 4:30pm | Prayer Group	**25** 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Walk & Talk 10:30am | Worship in the Chapel 10:30am | Hydration & Snack 11:15am | Velcrow Dart Board with Balls 1:30pm | BINGO 2:30pm | Hydration & Snack 3:45pm | Concert Series (Johnny Cash)	**26** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | Thanksgiving BINGO 10:30am | Hydration & Snack 11:30am | Hand Massages 1:30pm | Movie 2:00pm | Pet Therapy (Opal) 4:30pm | Prayer Group + Lucille on the Piano	**27** 9:00am | Mass on TV 9:30am | "The Perk" Newsletter – Reading & Discussion 9:45am | BINGO 10:30am | Hydration & Snack 11:00am | Worship (Rev. Stephanie) 1:30pm | Balloon Ball 2:30pm | Hydration & Snack 2:45pm | Make Hand Turkeys (Craft) with feathers 3:30pm | Friday Movie & Popcorn:	**28** 9:45am | The Perk Newsletter 10:30am | Exercise 11:00am | Jokes and Puns 1:30pm | Movie 3:15pm | Matching game 4:00pm | Mass on TV
29 No Wellness Staff Today Feel free to enjoy some independent time today -- Puzzles, reading, patio visits, TV in the Living Room, a walk, cards, music, coloring, handiwork Take it easy and enjoy your day! See you Monday!	**30** 9:00am | "The Perk" Newsletter – Reading & Discussion 9:30am | Exercise Program 10:00am | BINGO 10:45am | Hydration & Snack 1:00pm | Pet Therapy (Opal) 2:30pm | Hydration & Snack 4:00pm | Classic TV: Family Feud 4:30pm | Prayer Group					

PLEASE NOTE: All activities are subject to change.

For the most updated information, please refer to the Daily Sheets which are posted around the building.

Also, of note, outtings with fewer than six residents signed up will be cancelled. Please invite your friends to ensure we have enough folks to go!

Thank you for your continued understanding!

If you have any questions and/or feedback, please reach out to Sarah or Kendra.
sarah.burdick@benedictineliving.org kendra.boerst@benedictineliving.org