

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION KEY B - BISTRO CH - CHAPEL CR - CLUB ROOM DR - DINING ROOM FR - FAMILY ROOM LBY - LOBBY LE - LIFE ENRICHMENT ROOM WS - WELLNESS STUDIO * - OPEN TO THE COMMUNITY TO JOIN		1 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Cornhole with Carol 10:30am Hydration & Snack 10:45am White Board Word Games 11:15am Finish the Phrase 1:30pm Crafternoon with Carol & Erica: Fall-Themed Collages 2:30pm Hydration & Snack 3:00pm Sing-Along with Carol: Oldies but Goodies 4:30pm Prayer Group 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	2 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 9:45am Walk & Talk Club 10:15am Trivia with Erica: Minnesota State Fair 10:30am Worship in the Chapel with Pastor Stephanie 11:15am Travelogue: Wonders of Minnesota (YouTube) 2:00pm BINGO 2:30pm Hydration & Snack 3:00pm Classy Nails with Carol + Hand Massages 4:30pm Prayer Group 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	3 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Noodle Ball 10:30am Hydration & Snack 10:45am Humor Club: Funny Jokes 11:15am Poetry Rhyming 1:30pm 1 on 1's (Stage 4) 2:30pm Happy Hour & Snack: Apple Cinnamon Whiskey (Cocktails & Mocktails) 4:30pm Prayer Group + Lucille on the Piano Sing-A-Long 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	4 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 9:45am Trivia with Erica: Minnesota & Local 10:15am Hydration & Snack 10:30am Fast Feet Friday - Seated Kickball in the Wellness Studio 11:00am Worship with Stephanie 1:30pm Music on the Patio with Erica: Love Songs 2:30pm Universal Yums: Korea 3:00pm Hydration & Snack 3:15pm Travelogue: South Korea 4:30pm Prayer Group 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	5 9:45am The Perk Newsletter 10:00am Pet Therapy with Angie & Loki (Redbone Coonhound) 10:30am Exercise with Carol 11:00am Conversation Cube 1:30pm Movie Matinee: Jerry Maguire (DVD) 3:15pm Patio Visits & Lemonade 4:00pm Mass on TV
6 10:00am "The Perk" Newsletter Reading & Discussion 10:15am Exercise with Carol 11:00am Drive Thru History: The History of Labor Day Video (YouTube) 1:30pm Fall Foam Craft 2:30pm Hydration & Snack 3:00pm Movie Matinee: Cheaper By The Dozen (DVD)	7 LABOR DAY 10:00am "The Perk" Newsletter Reading & Discussion 10:30am Exercise with Sarah 11:00am L-A-B-O-R Day BINGO With Sarah 1:00pm Pet Therapy with Norm, Opal & Oliver (Cairn Terrier & Dauschund) 2:30pm Hydration & Snack 3:30pm Crafternoon with Sarah: Stipple Pictures (tiny dots) 4:30pm Prayer Group 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	8 9:00am Mass on TV 9:00am "The Perk" Newsletter Reading & Discussion 10:15am Chair Yoga with Erica 10:30am Hydration & Snack 10:45am Trivia with Erica 11:15am Music with Erica in the Wellness Studio 2:00pm Women's Tea & Talk 2:30pm Hydration & Snack 3:00pm Patio Visits & Music 4:30pm Prayer Group 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	9 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion *9:45am Meditative Color Walk: The Color Purple – LBY 10:15am Balloon Ball @ The Table 10:30am Worship in the Chapel with Pastor Stephanie 11:15am Travelogue: Italy – Most Amazing Places, Villages & Fun Facts (YouTube) 1:15pm Spa Day with Erica: Makeovers & Face Masks 2:00pm Scott County Library Visits 2:30pm Hydration & Snack 3:00pm Music in the Chapel: Prior Lake Brass 4:30pm Prayer Group	10 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Noodle Ball 10:30am Hydration & Snack 10:45am Tongue Twisters & Jokes 11:15am Color & Chat 1:30pm BINGO 2:30pm Happy Hour & Snack: Moscow Mules (Cocktails & Mocktails) 4:30pm Prayer Group + Lucille on the Piano Sing-A-Long 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	11 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Exercise 10:30am Hydration & Snack 10:45am Chicken Soup for the Soul Stories 11:00am Worship with Stephanie 1:30pm Large-Group Word Games 2:00pm Music in the Chapel: Patrick Rasmussen 3:00pm Fall Foam Craft 4:30pm Prayer Group 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	12 9:30am The Perk Newsletter 9:45am Exercise with Erica 10:00am Pet Therapy with Kristine & Harry (Shih Tzu/Bishon Mix) 10:45am Would You Rather? Question Game with Erica 11:00am Travelogue: Wonders of Norway (YouTube) 1:45pm Movie Matinee: Grumpier Old Men (DVD) 4:00pm Mass on TV



September 2026

Benedictine Living Community Pathways (Memory Care)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 No Wellness Staff Today Feel free to enjoy some independent time today — puzzles, reading, patio visits, TV in the living room, a walk, cards, music, or coloring/handiwork. . Take it easy and enjoy the day! We will see you on Monday!	14 9:00am "The Perk" Newsletter Reading & Discussion 9:30am Exercise Program 10:00am BINGO with Carol 10:45am Hydration & Snack 11:00am Early Lunch 12:30pm Outing: Alive & Kickin' Sing-Out Sing-A-Long with Carol & Erica 1:00pm Pet Therapy with Norm, Opal & Oliver (Cairn Terrier & Dauschund) 2:30pm Hydration & Snack 3:30pm Classic TV: I Love Lucy 4:30pm Prayer Group	15 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Cornhole with Carol 10:30am Hydration & Snack 10:45am Crossword Sing-Along with Carol 11:15am Mind Joggers with Carol 11:45am Music with Jennifer 1:30pm Wheelchair Washes on the Patio 2:30pm Apples & Dip with Carol 4:30pm Prayer Group	16 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 9:45am Meditative Color Walk: Purple 10:15am Trivia with Carol 10:30am Worship in the Chapel with Pastor Stephanie 11:15am Travelogue: Impossible Places – The World's Most Extreme Corners on Earth (YouTube) 11:45am Towel Folding 2:00pm BINGO 2:30pm Hydration & Snack 3:00pm Spa Day with Carol: Eye Masks 4:30pm Prayer Group	17 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Noodle Ball 10:30am Hydration & Snack 10:45am Paper Leaf Garland Craft with Carol 1:15pm Universal Yums with Carol: Colombia 2:00pm Sips & Sounds on the Patio: Scott on the Guitar with a "Purple Rain" Cocktail or Mocktail 3:00pm Tabletop bowling 4:30pm Prayer Group + Lucille on the Piano	18 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Walking Group for Alzheimer's Awareness 10:30am Hydration & Snack 10:45am Cardio Drumming 11:00am Worship with Stephanie 1:30pm Flower Friday: Bouquet Arranging with Erica 2:30pm Hydration & Snack 3:00pm Forget-Me-Not Flower Jars 4:30pm Prayer Group	19 HAPPY BIRTHDAY BEVERLY! 9:45am The Perk Newsletter 10:00am Pet Therapy with Angie & Loki (Redbone Coonhound) 10:30am Exercise with Sarah 11:00am Whiteboard Word Games 1:30pm Movie Matinee: Steel Magnolias (DVD) 3:15pm Triva with Sarah 4:00pm Mass on TV
20 HAPPY BIRTHDAY MARGARET B! No Wellness Staff Today Feel free to enjoy some independent time today — puzzles, reading, patio visits, TV in the living room, a walk, cards, music, or coloring/handiwork. . Take it easy and enjoy the day! We will see you on Monday!	21 9:00am "The Perk" Newsletter Reading & Discussion 9:30am Exercise Program 10:00am BINGO with Carol 10:30am Hydration & Snack 11:00am Chair Yoga with Carol 1:00pm Pet Therapy with Norm, Opal & Oliver (Cairn Terrier & Dauschund) 2:30pm Hydration & Snack 3:00pm Cornhole with Carol 4:30pm Prayer Group	22 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Cornhole with Carol 10:30am Hydration & Snack 10:45am Crossword Sing-Along with Carol 11:15am Finish the Lyrics with Carol 2:00pm Card Making Club 2:30pm Hydration & Snack 3:00pm 1 on 1 walk and chat 4:30pm Prayer Group	23 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 9:45am Walk & Talk Club 10:15am Trace & Color: Hands 10:30am Worship in the Chapel with Pastor Stephanie 11:15am Travelogue: Season in the Wild: Fall – Nature's Golden Hour (YouTube) 11:45am Towel Folding 2:00pm "A-C-O-R-N" with Erica (Autumn BINGO) 2:30pm Hydration & Snack 3:00pm Spa Day with Carol 4:30pm Prayer Group	24 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Noodle Ball 10:30am Hydration & Snack 10:45am Hand Massages & Back Massages with Carol 11:15am Sing-Along with Carol 1:30pm BINGO with Carol 2:00pm Sips & Sounds: Beer & Wine with Janet Wirth on the Guitar (N/A options available too!) 4:30pm – 6:30pm Family Picnic	25 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 9:45am Fall Strolls & Bird Watching 10:00am Sit & Stretch 10:30am Hydration & Snack 10:45am Trivia: September 11:00am Worship with Stephanie 1:30pm Flower Friday: Bouquet Arranging with Erica 2:30pm September Sweets: No Bake Apple Donuts 3:30pm Hydration & Snack 4:30pm Prayer Group	26 9:45am The Perk Newsletter 10:30am Exercise with Carol 11:00am Conversation Cube 1:30pm Movie Matinee: Hitch (DVD) 3:15pm Patio Visits & Lemonade 4:00pm Mass on TV
27 10:00am "The Perk" Newsletter Reading & Discussion 10:15am Exercise with Carol 11:00am Travelogue: Unseen Wisconsin – Places You Probably Never Heard of (YouTube) 1:30pm Fall Foam craft 2:30pm Hydration & Snack 3:00pm Movie Matinee: The Notebook (DVD)	28 9:00am "The Perk" Newsletter Reading & Discussion 9:30am Exercise with Carol 10:00am BINGO with Carol 10:45am Hydration & Snack 11:15am Patio Time 1:00pm Pet Therapy with Norm, Opal & Oliver (Cairn Terrier & Dauschund) 1:00pm Outing: Fall Leaves Drive @ The Arboretum with Sarah & Erica 2:30pm Hydration & Snack 3:30pm Classic TV: The Dating Game 4:30pm Prayer Group	29 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Cornhole with Carol 10:30am Hydration & Snack 10:45am Flower Arranging with Carol 11:45am Music with Jennifer 2:00pm Music in the Chapel: Loren Wolfe 3:00pm September Birthday Party & Cupcakes in the Bistro 3:30pm Tabletop Bowling 4:30pm Prayer Group	30 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 9:45am Walk & Talk Club 10:15am Chicken Soup for The Soul Stories on the Patio with Sarah 10:30am Worship in the Chapel with Pastor Stephanie 11:15am Travelogue: Exploring The Splendid Lives of Fall Wildlife (YouTube) 11:45am Towel Folding 2:00pm Craft with Greg: Fall Apple 3:00pm Classy Nails with Erica + Hand Massages	PLEASE NOTE: All activities are subject to change. For the most updated information, please refer to the Daily Whiteboard which is updated daily in the Living Room in Pathways. Thank you for your continued understanding! If you have any questions and/or feedback, please reach out to your Wellness Director, Erica Thompson, by calling (952) 900-5214 or emailing erica.thompson@benedictineliving.org		

