



August 2026

Benedictine Living – Windermere Way Pathways (Memory Care)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00am Pet Therapy with Angie & Loki (Redbone Coonhound) 10:30am The Perk Newsletter 11:00am Exercise 2:00pm Movie Matinee: A Dog's Purpose (Netflix) 3:30pm Patio Visits (weather permitting) 4:00pm Mass on TV
2 Morning Exercise The Perk Newsletter Afternoon Patio Visits (weather permitting) Evening Self-Directed Programming	3 9:30am "The Perk" Newsletter Reading & Discussion 10:00am BINGO with Carol 10:30am Hydration & Snack 11:00am Chair Yoga with Carol 1:00pm Pet Therapy with Norm, Opal & Oliver (Cairn Terrier & Dauschund) 2:30pm Hydration & Snack 3:00pm Corn Hole in Dayroom 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	4 9:00am Mass on TV 9:45am Outing: Let's Go Fishing 10:00am Pet Therapy with Norm, Opal & Oliver (Cairn Terrier & Dauschund) 10:30am Hydration & Snack 11:00am Stories with Norm 2:30pm Hydration & Snack 3:00pm Movie Matinee: The Sandlot (Netflix) 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	5 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 9:45am Walk & Talk Club 10:15am Trivia with Carol 10:30am Worship in the Chapel with Pastor Stephanie 11:30am Travelogue: Wales - The Unseen Side of Britain 2:00pm BINGO 2:30pm Hydration & Snack 3:00pm Classy Nails with Carol + Hand Massages 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	6 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Balloon Volleyball 10:30am Hydration & Snack 11:00am Sing-A-Long with Carol 1:30pm Big Group Adult Coloring 2:30pm Happy Hour & Snack 4:30pm Prayer Group + Lucille on the Piano Sing-A-Long 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	7 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Fast Feet Friday 10:30am Hydration & Snack 11:00am Worship with Pastor Stephanie 1:30pm Manicures & Hand Massages 2:30pm Hydration & Snack 3:00pm Crafternoon w/ Carol: Colored Sand Butterflies 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	8 10:00am Pet Therapy with Kristine & Harry (Shih Tzu/Bishon Mix) 10:30am The Perk Newsletter 11:00am Exercise 2:00pm Movie Matinee: A League of Their Own (Netflix) 3:30pm Patio Visits (weather permitting) 4:00pm Mass on TV
9 Morning Exercise The Perk Newsletter Afternoon Patio Visits (weather permitting) Evening Self-Directed Programming	10 9:30am "The Perk" Newsletter Reading & Discussion 10:00am BINGO with Carol 10:30am Hydration & Snack 11:00am Chair Yoga with Carol 12:30pm Outing: Alive & Kickin' Sing-Out Sing-A-Long (12:30pm) 2:30pm Hydration & Snack 3:30pm Hand & Back Massages 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	11 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Cornhole with Carol 10:30am Hydration & Snack 11:00am Sing-A-Long with Carol: Oldies but Goodies 2:00pm Music with Patrick R. 2:30pm Hydration & Snack 3:00pm Crafternoon: Foam Craft 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	12 9:30am "The Perk" Newsletter Reading & Discussion 9:45am Walk & Talk Club 10:00am Craft with Eunice: Pop-Up Greeting Cards 10:30am Worship in the Chapel with Pastor Stephanie 11:00am Travelogue: Amazon - The Most Unbelievable Wonders 1:00pm BINGO 2:00pm Scott County Library Visits 2:30pm Hydration & Snack 3:30pm Classy Nails with Carol + Hand Massages 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	13 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Balloon Volleyball 10:30am Hydration & Snack 11:00am Puzzles with Carol 1:30pm Sing-A-Long with Carol 2:30pm Happy Hour & Snack 4:30pm Prayer Group + Lucille on the Piano Sing-A-Long 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	14 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Noodle Ball with Eunice 10:30am Hydration & Snack 11:00am Worship with Pastor Stephanie 1:30pm Movie Matinee: A Beautiful Day In The Neighborhood (Netflix) 3:00pm Hydration & Snack 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	15 9:00am Balloon Toss w/ Carol 10:00am Pet Therapy - with Cheryl & Jolly (Poodle Mix) 10:30am The Perk Newsletter 11:00am Puzzles & Trivia 2:00pm Movie Matinee: The Breakfast Club (Netflix) 3:30pm Patio Visits (weather permitting) 4:00pm Mass on TV

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16 Morning Exercise The Perk Newsletter Afternoon Patio Visits <i>(weather permitting)</i> Evening Self-Directed Programming	17 9:30am "The Perk" Newsletter Reading & Discussion 10:00am BINGO with Carol 10:30am Hydration & Snack 11:00am Chair Yoga with Carol 1:00pm Pet Therapy with Norm, Opal & Oliver (Cairn Terrier & Dauschund) 2:30pm Hydration & Snack 3:00pm Noodle Ball with Carol 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	18 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Sit & Be Fit with Carol 10:30am Hydration & Snack 11:00am 1:1s w/ Carol 11:45am Music with Jennifer 2:00pm Paint-Gun Art on the Patio with Erica & Carol 2:30pm Hydration & Snack 3:00pm Making Bracelets with Carol 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	19 9:30am "The Perk" Newsletter Reading & Discussion 9:45am Walk & Talk Club 10:00am Craft with Eunice: Water Color Duckling 10:30am Worship in the Chapel with Pastor Stephanie 11:15am Music with Erica in the Wellness Studio 2:00pm BINGO 2:30pm Hydration & Snack 3:00pm Concert Series: The Beatles 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	20 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Balloon Volleyball 10:30am Hydration & Snack 11:00am Patio Time <i>(weather pending)</i> 1:30pm Foam Craft with Carol 2:30pm Happy Hour & Snack 4:30pm Prayer Group + Lucille on the Piano Sing-A-Long 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	21 9:00am Mass on TV 9:30am "The Perk" Newsletter 10:00am Fast Feet Friday 10:30am Hydration & Snack 11:00am Worship with Pastor Stephanie 1:30pm Word Finds with Carol 2:30pm Hydration & Snack 3:00pm Patio Time <i>(weather pending)</i> 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	22 10:30am The Perk Newsletter 11:00am Exercise 2:00pm Movie Matinee: Blue Miracle (Netflix) 3:30pm Foam Craft with Eunice 4:00pm Mass on TV
23 Morning Exercise The Perk Newsletter Afternoon Patio Visits <i>(weather permitting)</i> Evening Self-Directed Programming	24 9:30am "The Perk" Newsletter Reading & Discussion 10:00am BINGO with Carol 10:30am Hydration & Snack 11:00am Chair Yoga with Carol 1:00pm Pet Therapy with Norm, Opal & Oliver (Cairn Terrier & Dauschund) 2:30pm Hydration & Snack 3:00pm TV Trivia with Carol 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	25 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Strong & Fit with Carol 10:30am Hydration & Snack 11:00am Drumming with Carol 11:45am Music with Jennifer 2:00pm Music in the Chapel: Ryan 3:00pm Birthday Party in the Bistro 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	26 9:30am "The Perk" Newsletter Reading & Discussion 9:45am Walk & Talk Club 10:00am Craft with Eunice: Painting Mini Pots 10:30am Worship in the Chapel with Pastor Stephanie 11:30am Travelogue: Route 66 – <i>The Strange Hidden World Off The Highway</i> 2:00pm BINGO 2:30pm Hydration & Snack 3:00pm Classy Nails with Carol + Hand Massages 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	27 9:00am Mass on TV 9:30am "The Perk" Newsletter Reading & Discussion 10:00am Balloon Volleyball 10:30am Hydration & Snack 11:00am Patio Visits + Bubbles <i>(weather pending)</i> 1:30pm Outside Visits + Popsicles 2:30pm Happy Hour & Snack 4:30pm Prayer Group + Lucille on the Piano Sing-A-Long 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	28 9:00am Mass on TV 9:30am "The Perk" Newsletter 10:00am Fast Feet Friday 10:30am Hydration & Snack 11:00am Worship with Pastor Stephanie 1:30pm Classy Nails with Carol 2:30pm Hydration & Snack 3:00pm Poetry Read with Carol 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11) 6:30pm Wheel of Fortune (WCCO (CBS) – Channel 4)	29 10:30am The Perk Newsletter 11:00am Exercise 2:00pm Movie Matinee: Eat Pray Love (Netflix) 3:30pm Word Games with Sarah 4:00pm Mass on TV
30 Morning Exercise The Perk Newsletter Afternoon Patio Visits <i>(weather permitting)</i> Evening Self-Directed Programming	31 9:30am "The Perk" Newsletter Reading & Discussion 10:00am BINGO with Carol 10:30am Hydration & Snack 11:00am Chair Yoga with Carol 1:00pm Pet Therapy with Norm, Opal & Oliver (Cairn Terrier & Dauschund) 2:30pm Outing: Ice Cream Run 4:00pm Prayer Group 4:30pm Jeopardy on TV (KARE 11 (NBC) – Channel 11)					

PLEASE NOTE: All activities are subject to change. For the most updated information, please refer to the **Daily Whiteboard** which is in the Pathways Living Room. **Thank you for your continued understanding.** If you have any questions and/or feedback, please reach out to your Wellness Director, Erica Thompson, by calling **(952) 900-5214** or emailing **erica.thompson@benedictineliving.org**