



October 2025 Pathways Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Activities are subject to change.</u> Please Note: Activities listed on the calendar may change from time to time depending on the residents interests			1 Morning-Exercise, News, Mass on TV 9 am , Bingo Afternoon–Old Time Sing Along & Table Act. LA-Prayer Grp, Relaxation Videos, Fitness Fun	2 Morning-Mass TV 9am, The Perk, Walking Group & Brain Fitness Afternoon-Noodle Ball, Small Grp in the Nook Fall Annual Picnic 4:00-6:30 Food, Music & More!	3 Morning-Mass on TV 9 am, The Perk, Bingo 11:00 Church/Singing with Pastor Stephanie Afternoon-Art Therapy Painting Pumpkins Lemonade & cookies (LA-Wheel of Fortune (TV)	4 Morning-The Perk, Name it White Board game Coffee & Pet Therapy 10 ish (Subj to Change) Afternoon-Small Group in the Nook and or Crafts/Social Hour 4:00 Mass on TV
5 Morning-Church (TV) Afternoon-Coffee/Snack Hour, Word Search/Coloring Avail	6 Mornings-The Perk Stretching, Trivia Time Afternoon-Bunco in the Nook, Octopus Facts, Discussion and Puns & Jokes LA-Meditation Music &(TV) / Prayer Grp Octopus Day	7 Morning-Mass TV –9 am Sit to be Fit, News 11:45 Music Therapy with Jennifer Afternoon-Ice Cream Social, & Humor Hour LA-Prayer Grp, Scenic Tours (TV)	8 Morning-Exercise, News, Old Time Sing Along Afternoon–A Hoot of a Day All About Owls, Owl Craft Owl Puzzles LA-Prayer Grp, Relaxation Videos, Fitness Fun Let’s Get Owly!	9 Morning-Mass TV 9am, The Perk, Walking Group & Brain Fitness Afternoon-Noodle Ball Happy Hour, 2pm Music in the Chapel (Polka Dots) LA-Prayer Grp, Hand Massages, Lucille on the Piano Celebrating Octoberfest	10 Morning-Mass TV 9 am The Perk, Bingo 11:00 Church/Singing with Pastor Stephanie Afternoon-Nail Painting, World Farm Day Act. Animal Name Game Animal Crackers Snacks LA-Wheel of Fortune (TV)	11 Morning-The Perk, Coffee Hour & Stretches Afternoon-Crafty Crafters, Let’s draw a pumpkin Movie Day/Popcorn 4:00 Mass on TV
12 Morning-Church (TV) Afternoon-Self-Dir act. Adult coloring/Word Search/Coffee (No Activity Staff)	13 Mornings-The Perk Stretching, Trivia Time Afternoon-Card Bingo In the Nook & Table Talk (All About John Lennon) LA-Meditation Music (TV)/Prayer Grp, John Lennon Day	14 Morning-Mass TV –9 am Sit to be Fit, News 11:45 Music Therapy with Jennifer Afternoon-Popcorn Day & Jigsaw Puzzles LA-Prayer Grp, Scenic Tours	15 Morning-Exercises, News, Old Time Sing Along Afternoon Bingo Today 2:15 Piano Music-CH (Michael Nelson) LA-Prayer Grp, Relaxation & Fitness Fun	16 Morning-Mass TV 9am, The Perk, Walking Group & Brain Fitness Afternoon-Noodle Ball, Happy Hour, Small Grp in the Nook-Fall Harvest Dis. LA-Prayer Grp, Hand Massages Lucille on the piano 4ish Fall Harvest Day	17 Morning-Mass TV 9 am The Perk, Bingo 11:00 Church/Signing Pastor Stephanie Afternoon–Getting Creative Today, Classy Nails LA-Wheel of Fortune (TV)	18 Morning-The Perk, Trivia Time & Coffee Hour , Morning Stretches, Pet Therapy 10 ish Afternoon-Activities with Sarah, Social Hour 4:00 Catholic Mass-TV



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19 Morning-Church (TV) Afternoon-Coffee/Snack Hour Word Search/Coloring Avail (No Activity Staff Today)	20 Morning– The Perk News Stretching, True or False Afternoon-All About Fossils, Word Search Fossil Puzzle, Bunco in the Nook LA-Meditation Music (TV)/Prayer Grp, National Fossil Day	21 Morning-Mass TV –9 am News, Sit to be Fit 11:45 Music Therapy with Jennifer, Afternoon-All About Bats Can you Draw a Bat?? LA-Scenic Tours (TV) Prayer Grp A Batty Day	22 Morning-Exercises & News, Old Time Sing Along Afternoon-Lucky Dog Dice Game, Puppy Visits LA-Prayer Grp, Hand Massages, Fitness Fun	23 Morning-Mass TV 9am, The Perk, Walking Group & Brain Fitness Afternoon-1:1 Visits, Happy Hour & Noodle Ball LA-Prayer Grp, Hand Massages/ Lucille piano	24 Morning-Mass TV – 9 am, Afternoon-Name That Tune-Chapel 2:15 & Hot Cocoa Ice Cream Float Social LA-Wheel of Fortune (TV)	25 Morning-The Perk, Trivia Time, Coffee & Stretches Afternoon-Short Stories, Social Hour & Game of Choice 4:00 Catholic Mass-TV
26 Morning-Church (TV) Afternoon-Activities with Carol, Social Hour & Walk About	27 Morning– The Perk News, Fitness Fun, Word Games Afternoon-All About Evil Knievel, Evil K Cross-word Puzzle. Card Bingo LA-Meditation Music (TV)/Prayer Grp,	28 Morning-Mass TV –9 am News Dis. & Stretching Afternoon- Monthly Birthday Social, Bill Mann Performs in the lounge 2:00 pm LA-Scenic Tours (TV) Prayer Grp Celebrating Birthday's	29 Morning-Exercises & News, Old Time Sing Along Afternoon-Bingo & Making Dip & Social Hour LA-Prayer Grp, Hand Massages, Fitness Fun	30 Morning-Mass TV 9am, The Perk, Walking Group & Brain Fitness Afternoon- Halloween Happy Hour , Halloween Word Games LA-Prayer Grp, Hand Massages/ Lucille piano	31 Morning-Mass TV – 9 am, 11:00 Costume Contest-Chapel Afternoon- Barsolo Brothers/2pm-Chapel And or Crafts LA-Wheel of Fortune (TV) Trick or Treaters Today	 © dak
Other spontaneous activities that take place are.... Coffee Socials, Fancy Fingers, Walks, 1:1 visits!	<u>Activity Codes</u> LA-Late Afternoon Ch-Chapel Please Note: Activities are subj. to change	Approximate Meal Time: Breakfast 8:30 am Lunch 12:30 pm Dinner 5:30 pm <u>Wellness Staff on most days does the following</u> Hydration-mid morning/ Socials some afternoons (coffee, snacks) <u>Programming May Vary and activities may change</u> Morning activities start around 9:00 or 9:30 (After Mass) Afternoon starts after lunch LA is Late afternoon- Times may vary <u>Prayer Group</u> <u>Mon-Thurs around 4:30-there is a short prayer grp in the lounge for all</u>				