



October 2025 Independent & Assisted Living



Benedictine
LIVING COMMUNITY | GEOLOCATOR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Assisted Living Activities</u> Located on the act. calendar and in red. These are activities that are geared for assisted living residents but as usual all are welcome. ***** RL Code=Resident Led Act ***** Activities are subj to change		It's that time of year again! On Halloween we will inviting the kiddos in for some Trick or Treating. We are in need of candy donations to help this even be successful. You can drop off your donations at the front desk or in the wellness office (Rachel's office)	1 9:00 Catholic Mass-CH 9:45 Chair Yoga/Rachel-WS 10:30 Worship Svce-CH 11:00 Spa Day/Classy Nails-LE 1:00 Tying Quilts-(RL)-CR 2:30 Sml Grp-Wii Bwlng-LE 3:00 Small Grp-Fun w/Food 3:30 Bean Bags-WS(RL) 6:30 Movie Night-CR Folding Napkins Today-DR	2 9:00 Catholic Mass-CH/LE 9:30 Strong & Fit-WS 10:00 Sit to be Fit-LE 10:30 Small Grp-Cards 7's Cards-LE 1:30 Men's Grp-Blackjack-CR 6:30 500 Cards-CR Summer/Fall Picnic Today 4:00-6:30 Fun, Food, Music and more! Music By: Bobby & Christine	3 9:00 Catholic Mass-CH/LE 9:30 Drumming-WS/RL 10:00 Sit to be Fit-LE 10:45 Quarter Bingo-CR Bring 5 quarters 11:30 Hyvee 2:00 Music-Michael L Accordion-CH 3:15 Movie & Popcorn-CR 3:30 Decorating Pumpkins-Bistro	4 10:00 500 Cards-B 10:00 Allywho Visits-Mkng Fleece Kits for Critters Proj.-B 10:00 Pet Therapy-Lby Subj to change 2:00 Bingo-CR 3:00 Rummikube-B/RL 4:00 Catholic Mass-CH 6:30 Sheepshead (RL)
5 9:30 Morning Prayer/CH 1:30 Cribbage-B (RL) 1:30 Classy Nails-B 3:15 Movie & Popcorn-LE 1:30 Card Grp 500 & Sheepshead-B <u>Stop in the Bistro this afternoon for cookies and coffee</u>	6 9:30 Chair Yoga-WS 10:00 Sit to be Fit-LE 11:00 Prayer Service-CH 11:00 Cub Foods 1:00 Bridge-CR (RL) 1:00 Bible Study-WS 3:15 Bingo-CR (45 min) 4:15 Afternoon Med. Stretch Class-WS 6:30 Hand & Foot-CR/RL	7 9:00 Catholic Mass-CH/LE 9:30 Strong & Fit-WS 10:00 Caregivers Group-CH 10:00 Small Grp Noodle Ball-DR Coffee Social after 2:15 Small Grp-Spintopia-LE 3:00 What's The Scoop-B Ice Cream Social 3:45 Hoy Bingo-CR 6:30 Hand & Foot-CR/RL	8 9:45 Chair Yoga/Rachel-WS 9:45 Small Grp-Coffee/Trivia 10:30 Worship Svce-CH 10:00 Target/Kohl's 11:00 Spa Day/Classy Nails-LE 1:30 Rosary-CH/2:00 Stitch-B 2:30 Small Grp-Wii Bwlng-LE 3:00 Ladies Day-CR Mimosa's & Bunco 4:00 Bean Bags-WS(RL) 6:30 Movie Night-CR Folding Napkins Today-DR	9 9:00 Catholic Mass-CH/LE 9:30 Strong & Fit-WS 10:00 Sit to be Fit-LE 10:00 Grief Supprt Grp-FR 10:30 Small Grp-Games-LE Rummikube 10:45 Food Forum-CH 2:00 Polka Dots Perform CH/Oktoberfest Tunes 3:00 Happy Hour-CR 6:30 500 Cards-CR Oktoberfest Theme Today	10 9:00 Catholic Mass-CH/LE 9:30 Drumming-WS/RL 10:00 Sit to be Fit-LE 10:45 Quarter Bingo-CR Bring 5 quarters 2:15 Watercolor Painting With Eunice-LE 3:15 Movie & Popcorn-CR Stop in the Bistro this afternoon to pick up a Oct act. packet	11 10:00 500 Cards-B 2:00 Bingo-LE 3:00 Rummikube-B/RL 4:00 Catholic Mass-CH 6:30 Sheepshead (RL)-CR
12 9:30 Morning Prayer/CH 1:30 Cribbage-B (RL) 1:30 Card Grp 500 & Sheepshead-B <u>Stop in the Bistro this afternoon for cookies and coffee</u>	13 9:30 Chair Yoga-WS 10:00 Sit to be Fit-LE 10:30 Spelling Bee-LE 1:00 Bridge-CR (RL) 1:00 Bible Study-WS 10:00 Cub Foods 3:15 Bingo-CR (45 min) 4:15 Afternoon Meditation Stretching Class-WS 6:30 Hand & Foot CR/RL	14 9:00 Catholic Mass-CH/LE 9:30 Strong & Fit-WS 10:00 Arboretum Outing & Lunch Sign Up 10:00 Small Grp Noodle Ball-DR Coffee Social after 2:15 Small Grp-Spintopia-LE 3:00 Popcorn Day-Bistro 3:30 Tech Time-Bistro 6:30 Hand & Foot-CR/RL	15 9:45 Chair Yoga/Rachel-WS 10:30 Worship Svce-CH 11:00 Classy Nails-LE 1:00 Tying Quilts-(RL)-CR 1:30 Rosary-CH 2:00 Stitch & Chat-B (RL) 2:15 Michael Nelson-Piano-CH 4:00 Bean Bags-WS(RL) 6:30 Movie Night-CR Folding Napkins Today-DR	16 9:00 Catholic Mass-CH/LE 9:30 Strong & Fit-WS 10:00 Sit to be Fit-LE 10:30 Small Grp-Cards 7 Card's-LE 2:00 Crafty Crafters-B Framed Button Pumpkins 3:00 Happy Hour-LE 6:30 500 Cards-CR	17 9:00 Catholic Mass-CH/LE 9:30 Drumming-WS/RL 10:00 Sit to be Fit-LE 10:45 Quarter Bingo-CR Bring 5 quarters 2:30 Assisted Living Monthly Meetup Cookies Coffee & Convo-LE 3:15 Movie & Popcorn-CR	18 10:00 500 Cards-CR 10:00 Pet Therapy-Lby Subj to change 3:00 Rummikube-B/RL 2:00 Bingo-CR 4:00 Catholic Mass-CH 6:30 Sheepshead (RL)-CR



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 9:30 Morning Prayer/CH 1:30 Cribbage-B (RL) 1:30 Card Grp 500 & Sheephead-B <u>Bistro this afternoon for cookies & coffee</u>	20 9:30 Chair Yoga-WS 10:00 Sit to be Fit-LE 10:30 Brain Fitness-LE 1:00 Bridge-CR (RL) 1:00 Bible Stdy-WS 3:15 Bingo-CR (45 min) 4:15 Afternoon Meditation Stretching Class-WS 6:30 Hand & Foot CR/RL	21 9:00 Catholic Mass-CH/LE 9:30 Strong & Fit-WS 10:00 Caregivers Grp-CH 10:00 Small Grp Noodle Ball-DR Coffee after 11:00 Hyvee 3:45 Hoy Bingo-CR 4:00 Asstd Living 1:1 in Room Visits 6:30 Hand & Foot-CR/RL	22 9:45 Chair Yoga-WS 9:45 Small Grp-Coffee/Trivia 10:45 Play Outing/Masonic Homes/Lunch there 10:30 Worship Svce-CH 11:00 Classy Nails-LE 1:30 Rosary-CH/2:00 Stitch-B 2-3 Special Election Vtng 3:15 Food Demo-CR 4:00 Bean Bags-WS (RL) 6:30 Movie Night-CR Folding Napkins Today	23 9:00 Catholic Mass-CH/LE 9:30 Strong & Fit-WS 10:00 Sit to Be Fit-LE 11:00 Witty Mind's Book Club-CR 1:30 Men's Group Blackjack-CR 2:30 Small Grp-Word Builder-LE 3:00 Happy Hour-CR 6:30 500 Cards-CR	24 9:00 Catholic Mass-CH/LE 9:30 Drumming-WS/RL 10:00 Sit to be Fit-LE 11:00 Service of Remembrance-CH 2:15 Name That Tune-Game-CH 2:45 Hot Chocolate Ice Cream Floats-B 3:15 Movie & Popcorn -CR	25 10:00 500 Cards-CR 11:00 Game Grp Sequence-LE 2:00 Bingo-CR 3:00 Rummikube-B/RL 4:00 Catholic Mass-CH 6:30 Sheephead (RL)-CR
26 9:30 Morning Prayer/CH 1:30 Cribbage-B (RL) 1:30 Card Grp 500 & Sheephead-B 2:15 Classy Nails with Carol-LE <u>Bistro this afternoon for cookies & coffee</u>	27 9:30 Chair Yoga-WS 10:00 Sit to be Fit-LE 10:30 Brain Fitness-LE 1:00 Bridge-CR (RL) 1:00 Walmart/Aldi's 1:00 Bible Study-WS 3:15 Bingo-CR (45 min) 4:15 Monster Mash Line Dance Lesson-WS 6:30 Hand & Foot CR/RL	28 9:00 Catholic Mass-CH/LE 9:30 Strong & Fit-WS 10:00 Small Grp Noodle Ball-DR 10:30 All Resident Mtg-CH 3:00 Monthly Birthday Party-B 4:00 Asstd Living 1:1 in Room Visits 6:30 Hand & Foot-CR/RL	29 9:45 Chair Yoga-WS 9:45 Small Grp-Coffee/Trivia 10:00 Cub Foods 10:30 Worship Svce-CH 11:00 Classy Nails-LE 1:30 Rosary-CH/2:00 Stitch-B 2:00 Pres. By Alzheimer's Assoc/Healthy Livng-CH 2:30 The Happy Hopper Visiting Cart for AL 4:00 Bean Bags-WS (RL) 6:30 Movie Night-CR	30 9:00 Catholic Mass-CH/LE 9:30 Strong & Fit-WS 10:30 Small Grp-Rummikube-LE 2:30 Monster Mash Grp Performance-WS 3:15 Happy Hour-CR Halloween Party! 6:30 500 Cards-CR Wear orange & black today	31 9:00 Catholic Mass-CH/LE 9:30 Drumming-WS/RL 10:00 Sit to be Fit-LE 11:00 Costume Contest & Cat Walk-CH 2:00 Music By: Barsolo Brother's-CH 3:00 Hot Cider & Cookies 4:30-5:30 pm Trick or Treaters-Lobby	
			<u>Activities are subject to change.</u> Please refer to the daily activity sheets for the most up to date inf. These can be found in the elevators, mail room & on the large bulletin board by the Wellness Office.	<u>Reminder</u> Always look at the dailies that are posted in the elevators and bulletin board for any activity changes.	<u>Location Key</u> CR-Club Room CH-Chapel B-Bistro Lby-Lobby LE-Life Enrichment Room 2nd Fl DR-Dining Room WS-Wellness Studio FR-Family Room	