Benedictine

November 2027

Benedictine Madonna Towers
Benedict House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:30** Protestant Service – SNF Chapel/Channel 23.1 **10:30** Catholic Mass – Towers Chapel/Channel 19.1	**2** **9:15** 1-1 Visits **10:00** Music and Stretch **11:00** iN2L Of the Day **1:00** Craft: DIY Pumpkin Picture Frames **2:00** Snack & Chat **2:30** Wrap Up discussion/Games	**3** **9:15** 1-1 Visits **10:30** Live music with Robert Coates **11:00** History of**:** Kate Capshaw **1:00** Nail Care **2:00** Chocolate Apple Sticks **2:30** Wrap Up discussion/Games	**4**	**5**	**6** **9:15** 1-1 Visits **10:00** Music and Stretch **11:00** iN2L Of the Day **3:00** Music Therapy with Samantha	**7**
8 **9:30** Protestant Service – SNF Chapel/Channel 23.1 **10:30** Catholic Mass – Towers Chapel/Channel 19.1	**9** **9:15** 1-1 Visits **10:00** Seated Chair Yoga **11:00** iN2L Of the Day **1:00** Craft: Pine Cone Owls **2:00** Snack & Chat **2:30** Wrap Up discussion/Games	**10** **9:15** 1-1 Visits **10:00**: Music and Stretch **11:00** History of: Tim Rice **1:00** Baking: Chocolate Pretzel rods **2:00** Small Group Activity **2:30** Live music with Michael Nelson	**11**	**12** **10:30** Live music with Les Sesse	**13** **9:15** 1-1 Visits **10:00** Seated Chair Yoga **11:00** IN2L Of the Day	**14**
15 **9:30** Protestant Service – SNF Chapel/Channel 23.1 **10:30** Catholic Mass – Towers Chapel/Channel 19.1	**16** **9:15** 1-1 Visits **10:00** Music and Movement **11:00 I**N2L Of the Day **1:00** Craft: Popsicle Stick Turkey **2:**00 Snack & Chat **2:30** Wrap Up discussion/Games	**17** **9:15** 1-1 Visits **10:00** Music and Stretch **11:00** History of: Danny DeVito **1:00** Nail Care **2:00** Baking: Decorating Cookies **2:30** Wrap Up discussion/Games	**18**	**19** **10:00** Live music with Bill Cagley	**20** **9:15** 1-1 Visits **10:00** Music and Movement **11:00** iN2L Of the Day	**21**
22 **9:30** Protestant Service – SNF Chapel/Channel 23.1 **10:30** Catholic Mass – Towers Chapel/Channel 19.1	**23** **9:15** 1-1 Visits **10:00** Seated Chair Yoga **11:00** iN2L Of the Day **1:00** Craft: DIY Leaf Lanterns **2:00** Snack & Chat **2:30** Wrap Up discussion/Games	**24** **9:15** 1-1 Visits **10:00:** Music and Stretch **11:00** History of: Pete Best **1:00** Outside visit **2:00** Baking: Oreo Turkey Cookies **2:30** Wrap Up discussion/Games	**25**	**26 Thanksgiving**	**27** **9:15** 1-1 Visits **10:00** Seated Chair Yoga **11:00** iN2L Of the Day	**28**
29 **9:30** Protestant Service – SNF Chapel/Channel 23.1 **10:30** Catholic Mass – Towers Chapel/Channel 19.1	**30** **9:15** 1-1 Visits **10:00** Seated Chair Yoga **11:00** iN2L Of the Day **1:00** Craft: Welcome Winter **2:00** Snack & Chat **2:30** Wrap Up discussion/Games					

For any questions, please contact Collin Volkman, Wellness Director, at 507-206-2364.