Benedictine

November 2027

Benedictine Madonna Towers
Assisted & Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:30** Protestant Service – SNF Chapel/Channel 23.1 **10:30** Catholic Mass – Towers Chapel/Channel 19.1	**2** **10:00** Strength & Balance Exercise – Auditorium **1:00** Farkle – Auditorium **3:00** Happy Hour – Auditorium	**3** **9:00** Old Time Radio – Fireside Lounge **9:30** HASfit TV Exercise – Channel 11.1 **1:00** Resident Council – Hobby Room **2:30** Wellness Visits	**4** **10:00** Strength & Balance Exercise – Hobby Room **10:00 Rochester Athletic Club**** – Lobby **1:00 Pumpkin Craft**** – Rochester Room **1:30** Bingo – 2nd Floor Act. Room **1:45 HyVee 37th St. Groceries**** – Lobby **2:00 Hand Massages**** – Fireside Lounge **2:00** 500 Card Game – Rochester Room **2:30** Wellness Visits	**5** **9:00 Assisted Living Manicures**** – 2nd Floor Act. Room **9:30** HASfit TV Exercise – Channel 11.1 **10:00 Gentle Yoga**** – Rochester Room **10:30** Common Thread Group – Lobby **2:00** Gift of Gab – 2nd Floor Act. Room **3:00** Happy Hour – Rochester Room	**6** **10:00** Strength & Balance Exercise – Auditorium **11:00** Bingo – Auditorium **2:00 Apple Cinnamon Bread**** – Hobby Room	**7** **9:30** HASfit TV Exercise – Channel 11.1
8 **9:30** Protestant Service – SNF Chapel/Channel 23.1 **10:30** Catholic Mass – Towers Chapel/Channel 19.1	**9** **10:00** Strength & Balance Exercise – Auditorium **1:00** Yatzee – Auditorium **3:00** Happy Hour – Auditorium	**10** **9:00** Old Time Radio – Fireside Lounge **9:30** HASfit TV Exercise – Channel 11.1 **10:30** Town Hall Meeting – Auditorium & Channel 73.1 **1:00** Live music with Bob Scoggin – Auditorium **2:30** Wellness Visits	**11 Veterans Day** **9:00 Veterans Breakfast**** – Rochester Room **10:00 Rochester Athletic Club**** – Lobby **1:30** Bingo – 2nd Floor Act. Room **1:45 Target North Groceries**** – Lobby **2:00 Hand Massages**** – Fireside Lounge **2:00** 500 Card Game – Rochester Room **2:30** Wellness Visits	**12 Booksale** **9:00 Assisted Living Manicures**** – 2nd Floor Act. Room **9:30** HASfit TV Exercise – Channel 11.1 **10:00 Gentle Yoga**** – Rochester Room **10:30** Common Thread Group – Lobby **2:00** Trivia – 2nd Floor Act. Room **3:00** Happy Hour – Auditorium	**13 Booksale** **10:00** Strength & Balance Exercise – Auditorium **11:00** Bingo – Auditorium **1:00** Movie Matinee: The Great Turkey Town Miracle – Auditorium	**14 Booksale** **9:30** HASfit TV Exercise – Channel 11.1
15 Booksale **9:30** Protestant Service – SNF Chapel/Channel 23.1 **10:30** Catholic Mass – Towers Chapel/Channel 19.1 **2:00 Painting Hand Turkeys with Aeryal**** – Hobby Room	**16** **10:00** Strength & Balance Exercise – Auditorium **1:00** Farkle – Auditorium **3:00** Happy Hour – Auditorium	**17** **9:00** Classic Radio – Fireside Lounge **9:30** HASfit TV Exercise – Channel 11.1 **10:00** What's for Dinner Meeting – Dining Room **12:00 Chinese Luncheon**** – Rochester Room **2:00** Wellness Visits **6:30** RAACHE Choir Concert-Chapel	**18** **10:00** Strength & Balance Exercise – Auditorium **10:00 Rochester Athletic Club**** – Lobby **1:30** Bingo – 2nd Floor Act. Room **1:45 HyVee 37th St. Groceries**** – Lobby **2:00 Hand Massages**** – Fireside Lounge **2:00** 500 Card Game – Rochester Room **2:30** Wellness Visits	**19** **9:00 Assisted Living Manicures**** – 2nd Floor Act. Room **9:30** HASfit TV Exercise – Channel 11.1 **10:00 Gentle Yoga**** – Rochester Room **10:30** Common Thread Group – Lobby **1:00 November Birthday Celebration with live music by Bill Cagley**** – Auditorium **3:00** Happy Hour – Auditorium	**20** **10:00** Strength & Balance Exercise – Auditorium **11:00** Bingo – Auditorium **1:30 Puns & Pie Social**** – Lower-level Family Rom	**21** **9:30** HASfit TV Exercise – Channel 11.1
22 **9:30** Protestant Service – SNF Chapel/Channel 23.1 **10:30** Catholic Mass – Towers Chapel/Channel 19.1	**23** **10:00** Strength & Balance Exercise – Auditorium **1:00 Card Making**** – Hobby Room **1:30** Bingo – 2nd Floor **3:00** Happy Hour – Auditorium	**24** **9:00** Assisted Living Manicures – 2nd Floor Activity Room **9:00** Classic Radio – Fireside Lounge **9:30** HASfit TV Exercise – Channel 11.1 **1:00 Coffee and Pool**** – Lower-level Rec. Room **2:00** Trivia – 2nd Floor Activity Room **3:00** Wellness Visits	**25** **10:00** Strength & Balance Exercise – Auditorium **10:00 Rochester Athletic Club**** – Lobby **1:30** Bingo – 2nd Floor Act. Room **1:45 Walmart North Groceries**** – Lobby **2:00 Hand Massages**** – Fireside Lounge **2:00** 500 Card Game – Rochester Room **2:30** Wellness Visits	**26 Thanksgiving** **8:30 – 12:00 Macy's Day Parade with Hot Cocoa & Coffee**** – Auditorium	**27** **10:00** Strength & Balance Exercise – Auditorium **11:00** Bingo – Auditorium **1:00 Pumpkin Spice Sachets**** – Lower-level Family Room	**28** **9:30** HASfit TV Exercise – Channel 11.1
29 **9:30** Protestant Service – SNF Chapel/Channel 23.1 **10:30** Catholic Mass – Towers Chapel/Channel 19.1	**30** **10:00** Strength & Balance Exercise – Auditorium **1:00** Cornhole – Auditorium **3:00** Happy Hour – Auditorium					

Madonna Towers Booksale
Thursday, November 12th – Sunday, November 15th from 9:00a – 5:00p, located in the hallway of Assisted/ Independent Living of Towers.

Books are available for a donation in whatever amount you feel is fair and meaningful. Thank you for your generosity and support!

Lines in **bold print** with two asterisks (**) require a sign up.

Activities are subject to change.

For any questions, please contact Collin Volkman, Wellness Director, at 507-206-2364.