

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Patriotic Star Craft – AR 10:30 Balloon Badminton – TV 1:00 Snack Cart Pass 2:30 Bingo – DR	2 9:00 1-1 Visits 10:30 Seated Yoga – TV 1:00 Snack Cart Pass 2:30 Card Games – AR	3 9:00 Manicures – AR 10:30 Noodle Ball – TV 1:00 Snack Cart Pass 3:00 250 th Party – CK/CY	4 Independence Day
5 9:30 Protestant Church Service—SNF Chapel / Channel 23.1 10:30 Catholic Mass—Towers Chapel / Channel 19.1	6 9:00 1–1 Visits 10:00 Bernie the Dog – TV 10:30 Exercise – TV 1:00 Snack Cart Pass 2:30 Bingo – DR	7 10:00 Donuts & Coffee – CK 1:00 Snack Cart Pass 1:00 Resident Counsel – CP 2:30 Music with Bob Scoggin – DR	8 9:00 Bird Watching – CY 10:30 Balloon Badminton – TV 1:00 Snack Cart Pass 2:30 Bingo – DR	9 9:00 1-1 Visits 10:30 Seated Yoga – TV 1:00 Snack Cart Pass 2:30 July Birthday Celebration with music by Chad Cagel – DR	10 9:00 Manicures – AR 10:30 Noodle Ball – TV 12:00 Outing: Goodwill South 1:30 State Primary Voting –Towers Auditorium	11
12 9:30 Protestant Church Service—SNF Chapel / Channel 23.1 10:30 Catholic Mass—Towers Chapel / Channel 19.1	13 9:00 1–1 Visits 10:00 Bernie the Dog – TV 10:30 Exercise – TV 1:00 Snack Cart Pass 2:30 Bingo – DR	14 9:00 Bananagrams – CY 10:30 Noodle Ball – TV 1:00 Snack Cart Pass 2:30 Music with Kim Cotes – DR	15 9:00 USA Coloring – AR 10:30 Balloon Badminton – TV 1:00 Snack Cart Pass 2:30 Bingo – DR	16 9:30 Sing-A-Long with Amelia – TV 10:30 Seated Yoga – TV 1:00 Snack Cart Pass 2:30 Music with Mellow Fellows – DR	17 9:00 Manicures – AR 10:30 Noodle Ball – TV 1:00 Snack Cart Pass 2:30 Mocktail Bar – CK/CY	18
19 9:30 Protestant Church Service—SNF Chapel / Channel 23.1 10:30 Catholic Mass—Towers Chapel / Channel 19.1	20 9:00 1–1 Visits 10:00 Bernie the Dog – TV 10:30 Exercise – TV 1:00 Snack Cart Pass 2:30 Bingo – DR	21 9:00 Scattagories – CY 10:30 Noodle Ball – TV 12:00 Luncheon: Toppers Pizza – Coffee Klatch 2:00 Price is Right – TV 3:00 Planter Painting – AR	22 9:00 Headbanz – AR 10:30 Balloon Badminton – TV 1:00 Snack Cart Pass 2:30 Bingo – DR	23 9:00 1-1 Visits 10:30 Seated Yoga – TV 1:00 Snack Cart Pass 2:30 Trivia– AR	24 9:00 Manicures – AR 10:30 Noodle Ball – TV 12:00 Outing: Walmart North	25
26 9:30 Protestant Church Service—SNF Chapel / Channel 23.1 10:30 Catholic Mass—Towers Chapel / Channel 19.1	27 9:00 1–1 Visits 10:00 Bernie the Dog – TV 10:30 Exercise – TV 1:00 Snack Cart Pass 2:30 Bingo – DR	28 9:00 Trivia – CY 10:30 Noodle Ball – TV 1:00 Snack Cart Pass 2:30 Bird Feeder Craft – AR	29 9:00 Scrabble – AR 10:30 Balloon Badminton – TV 1:00 Snack Cart Pass 2:30 Bingo – DR	30 9:00 1-1 Visits 10:30 Seated Yoga – TV 1:00 Snack Cart Pass 2:30 Hangman – AR	31 9:00 Manicures – AR 10:30 Noodle Ball – TV 1:00 Snack Cart Pass 2:30 Mocktail Bar – CK/CY	Location Abbreviations AR – Activity Room CK – Coffee Klatch CP – Chapel CY – Court Yard DR – Dining Room TV – TV Room

For any questions, please contact Collin Volkman, Wellness Director, at 507-206-2364.