Independent Living

November 2026

Nazareth LIVING CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Mass 11:00 - 1:00 Breakfast Service	**2** 9:30 Spiritual Reflection-CH 9:30 & 10:10 Senior Fit Class 11:00 Mass 11:50 Shopping at Aldi 1:30 Bus leaves for Baskin Robbins 2:00 Tai Chi-AR 3:30 Prayer Service-900	**3** 9:30 Bible Study-AR 10:15 Rosary-900 11:00 Mass 2:00 Bingo - 25 cents	**4** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Divine Mercy Chaplet 11:00 Mass 2:00 Enjoy some fun music with Stacy-AR 3:00 Holy Hour-CH	**5** 9:30 Spiritual Reflection-CH 10:30 Tai Chi-AR 10:45 Lunch at Lazy River Grill 11:00 Mass 2:00 Shuffleboard	**6** 9:00 Pool Exercise 10:15 Rosary 11:00 Mass 11:50 Shopping at Walmart 1:00 Lutheran Services-900 7:00 Movie-AR	**7**
8 10:30 Mass 11:00 - 1:00 Brunch Buffet 3:30 Charades-AR	**9** 9:30 Spiritual Reflection-CH 9:30 & 10;10 Senior Fit Class 11:00 Mass 11:50 Grocery Shopping 2:00 Tai Chi - AR 3:30 Prayer Service-900	**10** 9:30 Bible Study-AR 10:15 Rosary-900 10:45 Lunch at Chevys Fresh Mex 11:00 Mass 2:00 Bingo - prizes	**11** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Divine Mercy Chaplet 11:00 Mass 1:30 Honoring our Veterans-DR 3:00 Holy Hour-CH 6:30 Resident Meeting-DR	**12** 9:30 Spiritual Reflection-CH 10:30 Tai Chi-AR 11:00 Mass 2:00 Birthday Bash with Matt Davis	**13** 9:00 Pool Exercise 9:30 7 10:10 Senior Fit Class 10:15 Rosary 11:00 Mass 11:50 Shopping at Walmart 1:00 Lutheran Services-900 7:00 Movie-AR	**14**
15 10:30 Mass 11:00 - 1:00 Breakfast Service	**16** 9:30 Spiritual Reflection-CH 9:30 & 10:10 Senior Fit Class 9:30 Shopping at Aldi 11:00 Mass 1:00 Hillary from the STL County Library-PDR 2:00 Tai Chi - AR 3:30 Prayer Service-900	**17** 9:30 Bible Study-AR 10:15 Rosary-900 11:00 Mass 2:00 Bingo - 25 cents	**18** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Divine Mercy Chaplet 10:45 Lunch at Frankie Gianinos in Imperial 11:00 Mass 3:00 Holy Hour-CH	**19** 9:00 Donut Social-AR 9:30 Spiritual Reflection-CH 10:30 Tai Chi-AR 11:00 Mass 1:30 Arts & Crafts-AR 2:00 Shuffleboard	**20** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Rosary 11:00 Mass 11:50 Shopping at Walmart 1:00 Lutheran Services-900 7:00 Movie-AR	**21**
22 10:30 Mass 11:00 - 1:00 Brunch Buffet	**23** 9:30 Spiritual Reflection-CH 9:30 & 10;10 Senior Fit Class 11:00 Mass 11:50 Grocery Shopping 2:00 Tai Chi - AR 3:30 Prayer Service-900	**24** 9:30 Bible Study-AR 10:15 Rosary-900 11:00 Mass 2:00 Bingo - prizes 2:00 St. Louis Strutters Christmas performance-CH	**25** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Divine Mercy Chaplet 11:00 Mass 11:50 Shopping at Walmart 2:00 Food Meeting-DR 3:00 Holy Hour-CH	**26** 9:30 Thanksgiving Mass 10:30 Tai Chi-AR 2:00 Shuffleboard	**27** 9:00 Pool Exercise 10:15 Rosary 11:00 Mass 1:00 Lutheran Services-900 7:00 Movie-AR	**28**
29 10:30 Mass 11:00 - 1:00 Breakfast Service	**30** 9:00 Bookmobile 9:30 Spiritual Reflection-CH 9:30 & 10;10 Senior Fit Class 11:00 Mass 11:50 Shop at Aldi 12:30 Mat Ministry-PDR 2:00 Tai Chi-AR 3:30 Prayer Service-900					PDR-Private Dining Room AR-Activity Room MR-Meditation Room CH-Chapel SMTR-Sister Mary Timlin Room 900-TV Chapel Channel CM-Carondelet Manor