Nazareth LIVING CENTER

November 2026

Nazareth Living Center: Assisted Living
Carondelet Manor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Daylight Savings Time Ends** **Set Clocks Back 1HR** 10:30 Mass (Chapel, Ch. 900)	**2** 8:30 Senior Fit (WR) 11:00 Mass (Chapel, Ch. 900) 1:15 Vitality in Motion with Crystal (WR) 3:30 Prayer Service (Ch. 900) 3:00 Water Aerobics (POOL)	**3** 9:00 Coffee & Donut Social (GC) 10:15 Rosary (Chpl, Ch. 900) 11:00 Mass (Chpl, Ch. 900) 2:00 Christmas Drum Practice (WR) **Election Day**	**4** 8:30 Senior Fit (WR) 10:15 Divine Mercy Chaplet (Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:15 Music & Movement (WR) 1:00 OUTING- Lone Elk Park- sign up at front desk 2:00 Christmas Choir Practice (GC) 3:00 Holy Hour (Ch. 900)	**5** 9:30 Spiritual Reflection (ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:15 Music & Movement (WR) 2:00 Christmas Chimes Practice (WR)	**6** Richard Therapy Presentation: 8:30- 1st floor Living/Dining Room 9:10- 2nd floor Living/Dining Room 9:45- 3rd floor Living/Dining Room 10:15 Rosary (Chpl, Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:00 Lutheran Service (ch.900) 2:00 Bingo (GC)	**7** 10:00 Watercolor Class (GC)
8 10:30 Mass (Chapel, Ch. 900)	**9** 8:30 Senior Fit (WR) 11:00 Mass (Chapel, Ch. 900) 1:15 Vitality in Motion with Crystal (WR) 3:30 Prayer Service (Ch. 900) 2:00 Word Games (GC)	**10** 9:00 Coffee & Donut Social (GC) 10:15 Rosary (Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:15 Music and Movement (WR) 12:30-2 Nail Care/ Nancy (2nd floor Spa) sign up before hand on the door of spa 2:00 Resident Meeting (GC)	**11** 8:30 Senior Fit (WR) 10:15 Divine Mercy Chaplet (Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:15 Music & Movement (WR) 2:00 Christmas Choir Practice (GC) 3:00 Holy Hour (Ch. 900) **Veterans Day**	**12** 9:30 Spiritual Reflection (Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:15 Music & Movement (WR) 2:00 Food Meeting w/ Jasmin (GC)	**13** 9:00 Water Exercise (POOL) 10:15 Rosary (Chpl, Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:00 Lutheran Service (ch.900) 2:00 Bingo (GC)	**14** 10:30 Thanksgiving meal for Residents & Family (RSVP to invite)
15 10:30 Mass (Chapel, Ch. 900)	**16** 8:30 Senior Fit (WR) 9:30 Spiritual Reflection (ch. 900) 11:00 Mass (Chapel, Ch. 900) 1:15 Vitality in Motion with Crystal (WR) 1:30 “The Search” Video Series Ch.900 2:00 Movie Monday: The Miracle Worker 3:30 Prayer Service (Ch. 900)	**17** 9:00 Coffee & Donut Social (GC) 10:15 Rosary (Chpl, Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:30 Shopping Outing (sign up at the front desk) 2:00 Drums Practice (WR)	**18** 8:30 Senior Fit (WR) 10:15 Divine Mercy Chaplet (Ch. 900) 11:00 Mass (Chpl, Ch. 900) 2:00 Christmas Choir Practice (GC) 3:00 Holy Hour (Ch. 900)	**19** 9:30 Spiritual Reflection (ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:15 Music & Movement (WR) 2:00 Christmas Chimes Practice (WR)	**20** 9:00 Water Exercise (POOL) 10:15 Rosary (Chpl, Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:00 Lutheran Service (ch.900) 2:00 Bingo (GC)	**21**
22 10:30 Mass (Chapel, Ch. 900)	**23** 8:30 Senior Fit (WR) 9:30 Spiritual Reflection (ch. 900) 11:00 Mass (Chapel, Ch. 900) 1:15 Vitality in Motion with Crystal (WR) 1:30 “The Search” Video Series Ch.900 2:00 Turkey Day Trivia (GC) 3:30 Prayer Service (Ch. 900)	**24** 9:00 Coffee & Donut Social (GC) 10:15 Rosary (Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:15 Music and Movement (WR) 12:30-2 Nail Care/ Nancy (2nd floor Spa) sign up before hand on the door of spa 2:00 STL STRUTTERS Christmas Show (SMTR) 2:00 Drums Practice (WR)	**25** 8:30 Senior Fit (WR) 10:15 Divine Mercy Chaplet (Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:15 Music & Movement (WR) 2:00 Christmas Choir Practice (GC) 3:00 Holy Hour (Ch. 900)	**26** 9:30 Mass (Chpl, Ch. 900) 1:15 Music & Movement (WR) 2:00 Christmas Chimes Practice (WR) **Thanksgiving Day**	**27** 9:00 Water Exercise (POOL) 10:15 Rosary (Chpl, Ch. 900) 11:00 Mass (Chpl, Ch. 900) 1:00 Lutheran Service (ch.900) 2:00 Bingo (GC)	**28**
29 10:30 Mass (Chapel, Ch. 900)	**30** 8:30 Senior Fit (WR) 9:30 Spiritual Reflection (Ch. 900) 10:00 Book Mobile (Cass Ave) 1:15 Vitality in Motion with Crystal (WR) 11:00 Mass (Chapel, Ch. 900) 1:30 “The Search” Video Series Ch.900 2:00 WHAT’s Inside That Box Game- Rescheduled to today (GC)					**WR– Workout room– 2nd floor** **GC– Gleason Center– 3rd floor** **POOL– on LL** **MR– Music Room– 2nd floor** **SMTR– Sister Mary Timlin Room– LL** **CR- Craft Room- 2nd Floor**

Activities subject to change.