Independent Living

August 2026

Nazareth LIVING CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PDR-Private Dining Room AR-Activity Room MR-Meditation Room CH-Chapel SMTR-Sister Mary Timlin Room 900-TV Chapel Channel CM-Carondelet Manor						**1**
2 10:30 Mass 11:00 - 1:00 Brunch Buffet	**3** 9:00 Bookmobile 9:30 & 10;10 Senior Fit Class 11:00 Mass 11:50 Grocery Shopping 2:00 Tai Chi - AR 3:30 Prayer Service	**4** 9:30 Bible Study-AR 10:15 Rosary-900 11:00 Mass 2:00 Bingo - prizes	**5** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Divine Mercy Chaplet 10:45 Lunch at Twisted Tree 11:00 Mass 3:00 Holy Hour-CH 6:30 Moolah Shrine Band outdoor concert	**6** 9:30 Spiritual Reflection-CH 10:30 Tai Chi-AR 11:00 Mass 1:00 Root Beer Floats-AR 2:00 Shuffleboard	**7** 9:00 Pool Exercise 10:15 Rosary 11:00 Mass 11:50 Shopping at Walmart 1:00 Lutheran Services-900 7:00 Movie-AR	**8**
9 10:30 Mass 11:00 - 1:00 Breakfast Service 12:30 Bus leaves for the play "Oklahoma" 3:30 Charades-AR	**10** 9:30 & 10:10 Senior Fit Class 11:00 Mass 11:50 Shop at Aldi 2:00 Tai Chi - AR 3:30 Prayer Service	**11** 9:30 Bible Study-AR 10:15 Rosary-900 10:45 Lunch at Rizzo's 11:00 Mass 2:00 Bingo - 25 cents	**12** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Divine Mercy Chaplet 11:00 Mass 2:00 Resident Meeting 3:00 Holy Hour-CH	**13** 9:00 Donut Social - AR 9:30 Spiritual Reflection-CH 10:30 Tai Chi-AR 11:00 Mass 2:00 Enjoy some music with Bill Lawton - AR	**14** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Rosary 11:00 Mass 11:50 Shopping at Walmart 1:00 Lutheran Services-900 7:00 Movie-AR	**15**
16 10:30 Mass 11:00 - 1:00 Brunch Buffet	**17** 9:30 & 10;10 Senior Fit Class 11:00 Mass 11:50 Grocery Shopping 2:00 Tai Chi - AR 3:30 Prayer Service	**18** 9:30 Bible Study-AR 10:00 Shopping at Marshall's Plaza on Lindbergh 10:15 Rosary-900 11:00 Mass 2:00 Bingo - prizes	**19** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Divine Mercy Chaplet 11:00 Mass 12:30 Crafts-AR 2:00 Food Meeting 3:00 Holy Hour-CH	**20** 9:30 Spiritual Reflection-CH 10:30 Tai Chi-AR 10:45 Lunch at Nowhere Food and Drink in Arnold, MO 11:00 Mass 2:00 Shuffleboard	**21** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Rosary 11:00 Mass 11:50 Shopping at Walmart 1:00 Lutheran Services-900 2:00 Sandy Visit - AR 7:00 Movie-AR	**22**
23 10:30 Mass 11:00 - 1:00 Breakfast Service --- **30** 10:30 Mass 11:00 - 1:00 Brunch Buffet	**24** 9:30 & 10;10 Senior Fit Class 11:00 Mass 11:50 Shop at Aldi 2:00 Tai Chi - AR 3:30 Prayer Service --- **31** 9:00 Bookmobile 9:30 & 10:00 Senior Fit Class 11:00 Mass 11:50 Grocery Shopping 1:00 Mat Ministry-PDR 2:00 Tai Chi-AR 3:30 Prayer Service	**25** 9:30 Bible Study-AR 10:15 Rosary-900 10:45 Lunch at La Fiesta 11:00 Mass 2:00 Bingo - 25 cents	**26** 9:00 Pool Exercise 9:30 & 10:10 Senior Fit Class 10:15 Divine Mercy Chaplet 11:00 Mass 2:00 Birthday Bash with Music by Ken Roberts 3:00 Holy Hour-CH	**27** 9:00 Donut Social - AR 9:30 Spiritual Reflection-CH 10:30 Tai Chi-AR 11:00 Mass 2:00 Shuffleboard	**28** 9:00 Pool Exercise 10:15 Rosary 11:00 Mass 11:50 Shopping at Walmart 1:00 Lutheran Services-900 3:00 Luau Party 7:00 Movie-AR	**29**