



October 2026

Benedictine Living Community - Regina
Tabitha

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Morning Greetings 10:30 Top Tier Toss 11:00 Community Walks 1:00 Mass 1:30 Snack Social in the Activity Kitchen 3:00 Ring Toss 4:00 Rosary	2 9:30 Morning Greetings 10:00 Daily Chronicle and Seated Stretching 10:30 Balloon Volleyball 11:00 Community Walks 1:00 Hand Massages 2:30 Music with Woody 4:00 Rosary	3 1:00 Candy Bingo with Andrea 4:00 Rosary
4 10:00 Daily Chronicle and Seated Stretches with Andrea 1:00 Mass 2:30 Spirit Alive 4:00 Rosary	5 10:00 Daily Chronicle & Exercise 10:30 Ecumenical Service 11:00 Pamper & Polish Nails 1:00 Mass 1:30 Candy Bingo 2:30 Community Walks 3:00 6,5,4 Dice Game 4:00 Rosary	6 9:00 Morning Greetings 10:00-2:00 Regina Boutique 1:00 Mass 3:00 Cornhole 4:00 Rosary	7 10:00 Daily Chronicle & Seated Exercise 11:00 Spirit Alive 1:00 Mass 1:30 Candy Bingo 2:30 Pamper & Polish Nails 3:00 Movie & Popcorn 4:00 Rosary	8 9:30 Morning Greetings 10:00 Live Music with Kit 11:00 Community Walks 1:00 Mass 1:30 Snack Social in the Activity Kitchen 3:00 Balloon Volleyball 4:00 Rosary	9 9:30 Morning Greetings 10:00 Daily Chronicle and Seated Stretching 10:30 Axe Throwing 11:00 In Room Visits 1:00 Hand Massages 2:30 Music with Ken & Darlene 4:00 Rosary	10 1:00 Candy Bingo with Joan 4:00 Rosary
11 10:00 Daily Chronicle and Seated Stretches with Joan 1:00 Mass 2:30 Spirit Alive 4:00 Rosary	12 10:00 Daily Chronicle & Exercise 10:30 Ecumenical Service 11:00 Pamper & Polish Nails 1:00 Mass 1:30 Candy Bingo 2:30 In Room Visits 3:00 L,R,C Dice Game 4:00 Rosary	13 9:00 Morning Greetings 10:30 Music & Coloring 1:00 Mass 1:30 Mind Fitness 2:30 Friendly Visits 3:00 Dirty Laundry Game 4:00 Rosary	14 10:00 Daily Chronicle & Seated Exercise 11:00 Spirit Alive 1:00 Mass 2:30 Campus-Wide Fall Party with Mike Optiz! 4:00 Rosary	15 9:00 Morning Greetings 10:30 UNO Card Game 11:00 Community Walks 1:00 Mass 1:30 Snack Social in the Activity Kitchen 3:00 Ring Toss 4:00 Rosary	16 9:30 Morning Greetings 10:00 Daily Chronicle and Seated Stretching 10:30 300 Bag Toss 11:00 Community Walks 1:00 Hand Massages 2:30 Music with Tony Casey 4:00 Rosary	17 1:00 Candy Bingo with Jessica 4:00 Rosary
18 10:00 Daily Chronicle and Seated Stretches with Jessica 1:00 Mass 2:30 Spirit Alive 4:00 Rosary	19 10:00 Daily Chronicle & Exercise 10:30 Ecumenical Service 11:00 Pamper & Polish Nails 1:00 Mass 1:30 Candy Bingo 2:30 Community Walks 3:00 6,5,4 Dice Game 4:00 Rosary	20 9:00 Morning Greetings 10:30 Music & Movement 1:00 Mass 1:30 Name That Face 2:30 Friendly Visits 3:00 Mini Golf 4:00 Rosary	21 10:00 Live Music with Nancy G 11:00 Spirit Alive 1:00 Mass 1:30 Candy Bingo 2:30 Pamper & Polish Nails 3:00 Movie & Popcorn 4:00 Rosary	22 9:30 Morning Greetings 10:00 Live Music with Kit 11:00 Community Walks 1:00 Mass 2:30 Campus-Wide Pet Blessing! 4:00 Rosary	23 9:30 Morning Greetings 10:00 Daily Chronicle and Seated Stretching 10:30 Skeeball 11:00 In Room Visits 1:00 Hand Massages 2:30 Music with Gary LaRue 4:00 Rosary	24 1:00 Candy Bingo with Cheryl 4:00 Rosary
25 10:00 Daily Chronicle and Seated Stretches with Cheryl 1:00 Mass 2:30 Spirit Alive 4:00 Rosary	26 10:00 Daily Chronicle & Exercise 10:30 Ecumenical Service 11:00 Pamper & Polish Nails 1:00 Mass 1:30 Candy Bingo 2:30 In Room Visits 3:00 Yahtzee Dice Game 4:00 Rosary	27 9:00 Morning Greetings 10:30 Music & Coloring 1:00 Mass 1:30 Finish The Phrase 2:30 Friendly Visits 3:00 Bowling 4:00 Rosary	28 10:00 Daily Chronicle & Seated Exercise 11:00 Spirit Alive 1:00 Mass 1:30 Candy Bingo 2:30 Pamper & Polish Nails 3:00 Music Sing Along 4:00 Rosary	29 9:00 Morning Greetings 10:30 Dart Toss 11:00 Community Walks 1:00 Mass 1:30 Snack Social in the Activity Kitchen 3:00 Halloween Coloring 4:00 Rosary	30 9:30 Morning Greetings 10:30 Halloween Line Dancers 11:00 Community Walks 2:00 Monster Mash Fashion Bash 2:30 Halloween Party with Jameson Murphy! 4:00 Rosary	31 1:00 Candy Bingo with Jessica 4:00 Rosary

October is a gentle reminder to slow down, savor the season, and enjoy the little moments that make life beautiful.