



# October

## Benedictine Living Community-Regina Assisted Living

| Sunday                                                                                                                | Monday                                                                                                                                                        | Tuesday                                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                                     | Thursday                                                                                                                                                               | Friday                                                                                                                                                                                                                                              | Saturday                                                                            |
|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                                                                                                                       |                                                                                                                                                               |                                                                                                                                                                                                                               |                                                                                                                                                                                                                               | <b>1</b><br>10:30   Stretch & Strength – Community Room<br>1:00   Mass - Chapel<br>2:00   Library – Community Room<br>2:30   Activity Planning Meeting -Community Room | <b>2</b><br>10:30   Coffee Social with Cranium Crunches – River Room<br>1:00   Dice Poker – River Room<br>2:30   Campus Wide Entertainment with Tom Strohmeyer– Chapel Lobby<br>4:00   Happy Hour – River Room                                      | <b>3</b><br><br>2:30   Nickel Bingo – River Room<br>4:00   Happy Hour – River Room  |
| <b>4</b><br>1:00   Mass - Chapel<br>2:30   Resident Led Card Games -River Room                                        | <b>5</b><br>10:00   Voting<br>10:30   Ecumenical Service - Chapel<br>1:00   Mass - Chapel<br>2:30   Bingo – River Room<br>4:00   Afternoon Games – River Room | <b>6</b><br>10:00am-2:00pm Campus Wide Regina Boutique-Chapel Lobby<br>10:30   Stretch & Strength – Community Room<br>1:00   Mass - Chapel<br>1:30   Food Council Meeting – River Room<br>4:00   Afternoon Games – River Room | <b>7</b><br>10:30   Walmart Outing – Must Sign Up<br>1:00   Mass - Chapel<br>2:00   Bingo – River Room<br>3:00   Bible Study – Garden Room<br>4:00   Happy Hour with Appetizers -Paul’s Pub                                   | <b>8</b><br>10:30   Stretch & Strength – Community Room<br>1:00   Mass - Chapel<br>2:30   Movie & Popcorn-River Room                                                   | <b>9</b><br>1:00   Dice Poker – River Room<br>2:30   Campus Wide Entertainment with Ken & Darlene – Chapel Lobby<br>4:00   Happy Hour – River Room                                                                                                  | <b>10</b><br><br>2:30   Nickel Bingo – River Room<br>4:00   Happy Hour – River Room |
| <b>11</b><br>12:00   Vikings Party-Must Sign Up<br>1:00   Mass - Chapel<br>2:30   Resident Led Card Games -River Room | <b>12</b><br>10:30   Ecumenical Service - Chapel<br>1:00   Mass - Chapel<br>2:30   Bingo – River Room<br>4:00   Afternoon Games – River Room                  | <b>13</b><br>10:00   Coffee Concert-Must Sign Up<br>1:00   Mass - Chapel<br>2:30   Tea with the Chaplain – Activity Kitchen<br>4:00   Afternoon Games – River Room                                                            | <b>14</b><br>10:30   Salvation Army, Dollar Store & Out to Lunch at Perkins-Must Sign Up<br>1:00   Mass - Chapel<br>2:30   Fall Party with Music with Mike Opitz– River Room<br>4:00   Happy Hour with Appetizers -Paul’s Pub | <b>15</b><br>10:30   Stretch & Strength – Community Room<br>1:00   Mass - Chapel<br>2:30   Wine Tasting-River Room                                                     | <b>16</b><br>10:30   Coffee Social with Trivia – River Room<br>1:00   Dice Poker – River Room<br>2:30   Campus Wide Entertainment with Tony Casey– Chapel Lobby<br>4:00   Happy Hour – River Room                                                   | <b>17</b><br><br>2:30   Nickel Bingo – River Room<br>4:00   Happy Hour – River Room |
| <b>18</b><br>1:00   Mass - Chapel<br>2:30   Resident Led Card Games -River Room                                       | <b>19</b><br>10:30   Ecumenical Service - Chapel<br>1:00   Mass - Chapel<br>2:30   Bingo – River Room<br>4:00   Afternoon Games – River Room                  | <b>20</b><br>10:30   Stretch & Strength – Community Room<br>1:00   Mass - Chapel<br>4:00   Afternoon Games – River Room                                                                                                       | <b>21</b><br>10:30   Cooking Class Making Spaghetti-Must Sign Up-Activity Kitchen<br>1:00   Mass - Chapel<br>2:00   Bingo – River Room<br>3:00   Bible Study – Garden Room<br>4:00   Happy Hour with Appetizers -Paul’s Pub   | <b>22</b><br>10:30   Stretch & Strength – Community Room<br>1:00   Mass - Chapel<br>2:30   Campus Wide Pet Blessing-Chapel Lobby                                       | <b>23</b><br>10:30   Coffee Social with Mind Fitness – River Room<br>1:00   Dice Poker – River Room<br>2:30   Campus Wide Entertainment with Gary LaRue – Chapel Lobby<br>4:00   Happy Hour – River Room                                            | <b>24</b><br><br>2:30   Nickel Bingo – River Room<br>4:00   Happy Hour – River Room |
| <b>25</b><br>1:00   Mass - Chapel<br>2:30   Resident Led Card Games -River Room                                       | <b>26</b><br>10:30   Ecumenical Service - Chapel<br>1:00   Mass - Chapel<br>2:30   Bingo – River Room<br>4:00   Afternoon Games – River Room                  | <b>27</b><br>10:30   Stretch & Strength – Community Room<br>1:00   Mass - Chapel<br>1:30   Resident Council Meeting – River Room<br>2:30   Tea with the Chaplain – Activity Kitchen<br>4:00   Afternoon Games – River Room    | <b>28</b><br>10:30   Out to Lunch at Panda-Must Sign Up<br>1:00   Mass - Chapel<br>2:00   Bingo – River Room<br>3:00   Bible Study – Garden Room<br>4:00   Happy Hour with Appetizers -Paul’s Pub                             | <b>29</b><br>10:30   Stretch & Strength – Community Room<br>1:00   Mass - Chapel<br>2:30   Birthday Party-River Room                                                   | <b>30</b><br>10:30   Campus Wide Halloween Line Dance Performance<br>1:00   Dice Poker – River Room<br>2:00   Monster Mash Fashion Bash<br>2:30   Campus Wide Halloween Party with Jamison Murphey – Chapel Lobby<br>4:00   Happy Hour – River Room | <b>31</b><br><br>2:30   Nickel Bingo – River Room<br>4:00   Happy Hour – River Room |

October is a gentle reminder to slow down, savor the season, and enjoy the little moments that make life beautiful.