



September 2026

Benedictine Living Community - Regina
Pauline

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 One on One Visits 10:30 Daily Chronicle & Movement 11:00 Name That Tune 1:00 Mass 1:30 Patio Time 2:30 300 Bag Toss 3:00 Coloring Time 3:30 Patio and Music	2 10:30 Daily Chronicle 11:00 Hydration Cart 1:00 Mass 1:30 Pamper & Polish Nails 2:30 Community Walks 3:00 Bell Collection 3:30 One on One Visits	3 9:30 Morning Greetings 10:00 Live Music with Kit 11:00 Spirit Alive 1:00 Mass 1:30 Snack Social in the Kitchen 2:30 One on One Visits 3:00 Trivia on The Patio	4 9:30 Morning Greetings 10:00 Daily Chronicle 10:30 Seated Exercise 11:00 Balloon Toss 1:00 Patio Chats 2:30 Music with Gary LaRue 4:00 One on One Visits	5 11:00 Daily Chronicle & Seated Stretches with Ashley 2:00 Staff Led Movie Showing
6 11:00 Daily Chronicle and Seated Stretches with Ashley 1:00 Mass 1:30 Patio Time with Ashley	7 11:00 Pauline Social with Joan!	8 10:30 Daily Chronicle and Coloring Club 11:00 Community Walks 1:00 Mass 1:30 Music on the Patio 3:00 Cornhole 3:30 In Room Visits	9 10:30 Movie & Popcorn 11:00 Hydration Cart 1:00 Mass 1:30 Pamper & Polish Nails 2:30 Community Walks 3:00 Balloon Volleyball 3:30 One on One Visits	10 9:30 Morning Greetings 10:30 Name That Animal 11:00 Spirit Alive 1:00 Mass 2:30 Campus-Wide State Fair Party!	11 10:30 Daily Chronicle and Seated Exercise 11:00 Music Sing Along 1:00 Patio Chats 2:30 Music with Tim Patrick 4:00 One on One Visits	12 11:00 Daily Chronicle & Seated Stretches with Joan 2:00 Staff Led Movie Showing
13 11:00 Daily Chronicle and Seated Stretches with Joan 1:00 Mass 1:30 Patio Time with Joan	14 10:30 Ecumenical Service 11:00 Daily Chronicle & Seated Exercise 1:00 Mass 1:30 Hand Massages 2:00 Finish The Phrase 3:00 Name That Tune	15 10:30 Daily Chronicle and Music & Movement 11:00 Community Walks 1:00 Mass 1:30 Patio Chats 2:15 Campus-Wide Visit with Homespun Harmony! 3:30 In Room Visits	16 10:30 Daily Chronicle 11:00 Hydration Cart 1:00 Mass 1:30 Pamper & Polish Nails 2:30 Community Walks 3:00 Seated Exercise & Stretching 3:30 One on One Visits	17 9:30 Morning Greetings 10:00 Live Music with Kit 11:00 Spirit Alive 1:00 Mass 1:30 National Apple Dumpling Day! 2:30 One on One Visits 3:00 Balloon Toss	18 10:30 Daily Chronicle and Seated Exercise 11:00 Dirty Laundry Game 1:00 Patio Chats 2:30 Music with Tony Casey 4:00 One on One Visits	19 11:00 Daily Chronicle & Seated Stretches with Jessica 2:00 Staff Led Movie Showing
20 11:00 Daily Chronicle and Seated Stretches with Jessica 1:00 Mass 1:30 Patio Time with Jessica	21 10:30 Ecumenical Service 11:00 Daily Chronicle & Seated Exercise 1:00 Mass 1:30 Patio Visits 2:00 Reminiscing 3:00 Mini Golf	22 10:00 Campus-Wide Visit with Archbishop Hebda! 1:00 Mass 1:30 Seated Exercise and Stretching 3:00 Pauline Band Practice 3:30 Relaxation Group	23 10:30 Movie & Popcorn 11:00 Hydration Cart 1:00 Mass 1:30 Pamper & Polish Nails 2:30 Campus-Wide Oktoberfest Party!	24 9:30 Morning Greetings 10:30 Ring Toss 11:00 Spirit Alive 1:00 Mass 1:30 Snack Social in the Kitchen 2:30 In Room Visits 3:00 Music Sing Along	25 9:30 Morning Greetings 10:00 Current Events 10:30 Snack Social 11:00 Daily Chronicle 1:00 Patio Chats 2:30 Music with Phillip Westfall 4:00 One on One Visits	26 11:00 Daily Chronicle & Seated Stretches with Cheryl 2:00 Staff Led Movie Showing
27 11:00 Daily Chronicle and Seated Stretches with Cheryl 1:00 Mass 1:30 Patio Time with Cheryl	28 10:30 Ecumenical Service 11:00 Daily Chronicle & Seated Exercise 1:00 Mass 1:30 Hand Massages 2:00 Patio Visits 3:00 Bowling	29 10:30 Daily Chronicle and Music & Movement 11:00 Community Walks 1:00 Mass 1:30 Patio Chats 3:00 Scratch Off Art 3:30 Relaxation Group	30 10:30 Daily Chronicle 11:00 Hydration Cart 1:00 Mass 1:30 Pamper & Polish Nails 2:30 Community Walks 3:00 Mindful Movement 3:30 One on One Visits			

Some of life’s greatest treasures are the moments we share with others.

Activities subject to change.