



August 2026

Benedictine Living Community - Regina
Pauline

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 11:00 Daily Chronicle & Seated Stretches with Cheryl 2:00 Staff Led Movie Showing
2 11:00 Daily Chronicle and Seated Stretches with Cheryl 1:00 Mass 1:30 Patio Time with Cheryl	3 10:30 Ecumenical Service 11:00 Daily Chronicle & Seated Exercise 1:00 Mass 1:30 Balloon Toss 2:00 In Room Visits 3:00 Sorting Fabrics	4 10:30 Daily Chronicle and Coloring Club 11:00 Spirit Alive 1:00 Mass 1:30 Music on the Patio 3:00 Cornhole 3:30 In Room Visits	5 10:30 Daily Chronicle 11:00 Hydration Cart 1:00 Mass 1:30 Pamper & Polish Nails 2:30 Community Walks 3:00 Balloon Volleyball 3:30 One on One Visits	6 9:30 Morning Greetings 10:00 Live Music with Kit 11:00 Spirit Alive 1:00 Mass 1:30 Snack Social in the Kitchen 3:00 Trivia on The Patio 4:00 Rosary	7 10:30 Daily Chronicle 11:00 Seated Exercise 11:30 Community Walks 1:00 Mass 2:30 Music with Ken and Darlene 4:00 Friendly Visits	8 11:00 Daily Chronicle & Seated Stretches with Leah 2:00 Staff Led Movie Showing
9 11:00 Daily Chronicle and Seated Stretches with Leah 1:00 Mass 1:30 Patio Time with Leah	10 9:30 Morning Greetings 10:00 Daily Chronicle & Exercise 10:30 Ecumenical Service 1:00 Mass 1:30 Karaoke Party 2:00 Hand Massages 3:00 Name That That Animal	11 10:30 Daily Chronicle and Music & Movement 11:00 Spirit Alive 1:00 Mass 1:30 Patio Chats 3:00 Mini Golf 3:30 In Room Visits	12 10:30 Daily Chronicle 11:00 Hydration Cart 1:00 Mass 1:30 Pamper & Polish Nails 2:30 Community Walks 3:00 Balloon Volleyball 3:30 One on One Visits	13 9:30 Morning Greetings 10:30 Music Video Sing Along 11:00 Spirit Alive 1:00 Mass 1:30 Snack Social in the Kitchen 3:00 Movie & Popcorn 4:00 Rosary	14 9:30 Morning Greetings 10:00 Daily Chronicle 10:30 Lemonade on the Patio 1:00 Mass 2:30 Music with Colleen Wold 4:00 Friendly Visits	15 11:00 Daily Chronicle & Seated Stretches with Joan 2:00 Staff Led Movie Showing
16 11:00 Daily Chronicle and Seated Stretches with Joan 1:00 Mass 1:30 Patio Time with Joan	17 9:30 Morning Greetings 10:00 Daily Chronicle & Exercise 10:30 Ecumenical Service 1:00 Mass 1:30 Dance Party 2:00 Hand Massages 3:00 Name That Face	18 10:30 Daily Chronicle and Coloring Club 11:00 Spirit Alive 1:00 Mass 1:30 Music on the Patio 3:00 Top Tier Ross 3:30 In Room Visits	19 10:30 Daily Chronicle 11:00 Hydration Cart 1:00 Mass 1:30 Pamper & Polish Nails 2:30 Community Walks 3:00 Balloon Volleyball 3:30 One on One Visits	20 9:30 Morning Greetings 10:00 Live Music with Kit 11:00 Spirit Alive 1:00 Mass 1:30 Snack Social in the Kitchen 3:00 Trivia on The Patio 4:00 Rosary	21 9:30 Morning Greetings 10:00 Daily Chronicle 10:30 Music Sing Along 1:00 Mass 2:30 Music with Tony Casey 4:00 Friendly Visits	22 11:00 Daily Chronicle & Seated Stretches with Jessica 2:00 Staff Led Movie Showing
23 11:00 Daily Chronicle and Seated Stretches with Jessica 1:00 Mass 1:30 Patio Time with Jessica	24 10:30 Ecumenical Service 11:00 Daily Chronicle & Seated Exercise 1:00 Mass 1:30 Balloon Toss 2:00 Hand Massages 3:00 Sorting Fabrics	25 10:30 Daily Chronicle and Music & Movement 11:00 Spirit Alive 1:00 Mass 1:30 Patio Chats 3:00 Dart Toss 3:30 In Room Visits	26 10:30 Daily Chronicle 11:00 Hydration Cart 1:00 Mass 1:30 Pamper & Polish Nails 2:30 Community Walks 3:00 Balloon Volleyball 3:30 One on One Visits	27 9:30 Morning Greetings 10:30 Music Video Sing Along 11:00 Community Walks 1:00 Mass 2:00 Campus-Wide Car Show with Music by Tony Casey 4:00 Rosary	28 9:30 Morning Greetings 10:00 Daily Chronicle 10:30 Dirty Laundry Game 1:00 Mass 2:30 Music with Bobbi & Christine 4:00 Friendly Visits	29 11:00 Daily Chronicle & Seated Stretches with Cheryl 2:00 Staff Led Movie Showing
30 11:00 Daily Chronicle and Seated Stretches with Cheryl 1:00 Mass 1:30 Patio Time with Cheryl	31 10:30 Ecumenical Service 11:00 Daily Chronicle & Seated Exercise 1:00 Mass 1:30 Name That Tune 2:00 Hand Massages 3:00 Karaoke Party					

Activities subject to change.