



October, 2026-MCU

Benedictine Living Community
Crookston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Exercise in the Courtyard 2:30 Sing-a-long	2 10:00 Bean Bag Toss 1:30 Crafts	3 Enrichment Program
4 Enrichment Program	5 9:30 Exercise 10:00 Bingo 1:30 Yahtzee	6 9:30 Walking Club 10:30 Pet Visit w/Nancy & Dewey 2:30 Duck Races	7 9:30 Nail Care 10:30 Church & Pastor Visits 2:30 Sensory Stimulation	8 9:30 Exercise 10:00 Music w/Kim 2:30 Bible Study	9 10:00 Golden Oldies Music 2:30 Bowling	10 Enrichment Program
11 Enrichment Program	12 9:30 Exercise 10:00 Bingo 1:30 Creative Coloring	13 9:30 Walking Club 10:30 Pet Visit w/Nancy & Dewey 2:30 Parachute	14 9:30 Puzzles 10:30 Church & Pastor Visits 2:30 Sensory Stimulation	15 10:00 Exercise 2:30 Sing-a-long	16 10:00 Balloon Volleyball 1:30 Movie Time	17 Enrichment Program
18 Enrichment Program	19 9:30 Exercise 10:00 Bingo 1:30 Crafts	20 9:30 Walking Club 10:30 Pet Visit w/Nancy & Dewey 2:30 Music w/Cecilia	21 9:30 Nail Care 10:30 Church & Pastor Visits 2:30 Sensory Stimulation	22 9:30 Exercise 10:00 Music w/Kim 2:30 Bible Study	23 10:00 Baking 1:30 Birthday of the Month Celebration	24 Enrichment Program
25 Enrichment Program	26 9:30 Exercise 10:00 Bingo 1:30 Bowling	27 9:30 Walking Club 10:30 Pet Visit w/Nancy & Dewey 2:30 Doll House What do I See?	28 9:30 Puzzles 10:30 Church & Pastor Visits 2:30 Sensory Stimulation	29 10:00 Exercise 2:30 Sing-a-long	30 10:00 Duck Races 1:30 Halloween Party	31 Enrichment Program

Activities are subject to change.