



June

Assisted Living Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
	10:00 Flower Planting (Balconies) 10:00 Rummikub (2 nd Floor Lounge) 11:00 Upper Body Weights (Wellness Center) 1:30 Wii Bowling (Wellness Center)	<u>Salon Open</u> 10:00 Hand Massages (2 nd Floor Lounge) 11:00 Wellness in Motion (Chapel) 11:15 LUNCH OUTING: Cracker Barrel 1:30 Whist (2 nd Floor Lounge) 7:00 Happy Feet Cloggers (Castle Rock)	9:30 Casino 10:00 Scrabble (2 nd Floor Lounge) 11:00 Balloon Volleyball (Wellness Center) 12:00 LUNCH ON THE PATIO, SIGN UP 1:30 Bingo (Castle Rock Dining Room) 3:00 Coffee & Cookies (Lounges)	9:30 Walmart/Cashwise 10:00 Knitting & Crochet Club (2 nd Floor Lounge) 11:00 Chair Exercise (Wellness Center) 1:00 Walmart/Cashwise 1:30 Horseracing (3 rd Floor Lounge)	<u>Salon Open</u> 9:00 Manicures (2 nd Floor Lounge) 11:00 Drumming (Wellness Center) 1:30 Left Right Center (Badlands) 2:30 Happy Hour, Music: Classic Rhythm Band (Castle Rock Dining Room)	9:30 Coffee Time (2 nd Floor Lounge) 1:30 Bingo (Castle Rock Dining Room)
7	8	9	10	11	12	13
9:30 Catholic Mass (Chapel or Ch. 99) 9:30 Bible Baptist Church (Ch. 12) 10:30 Coffee & Pastries (Bistro) 11:00 Messiah Lutheran Church (Ch. 608) 1:15 Hand & Foot (3 rd Floor Lounge) 5:30 Pinochle (2 nd Floor Lounge)	10:00 Shut the Box (2 nd Floor Lounge) 11:00 Upper Body Weights (Wellness Center) 1:00 Art with Linda Maize (Castle Rock Dining Room) 3:00 Iced Tea Social (Shale Patio)	<u>Salon Open</u> 10:00 Hand Massages (2 nd Floor Lounge) 11:00 Strength and Balance (Wellness Center) 1:30 DIY Craft: Fabric Flowers (Wellness Center) 1:30 Whist (2 nd Floor Lounge) 3:30 Walking Club (Front Lobby)	10:00 7up (2 nd Floor Lounge) 11:00 Music in Motion (Wellness Center) 12:00 LUNCH ON THE PATIO, SIGN UP 1:30 Bingo (Castle Rock Dining Room) 3:00 Coffee & Cookies (Lounges)	9:30 Kohl's/T.J. Maxx 10:00 Knitting & Crochet Club (2 nd Floor Lounge) 11:00 Chair Exercise (Wellness Center) 1:00 Kohl's/T.J. Maxx 1:30 Bean Bag Toss (Shale Patio) 2:00 Parkinson's Support Group 3:00 Veteran's Visit with Arnie from American Legion	<u>Salon Open</u> 9:00 Manicures (2 nd Floor Lounge) 11:00 Balloon Volleyball (Wellness Center) 1:30 Chit Chat & Laugh (Badlands) 2:30 Happy Hour with Trivia (Castle Rock Dining Room)	9:30 Coffee Time (2 nd Floor Lounge) 1:30 Bingo (Castle Rock Dining Room)
14	15	16	17	18	19	20
9:30 Catholic Mass (Chapel or Ch. 99) 9:30 Bible Baptist Church (Ch. 12) 10:30 Coffee & Pastries (Bistro) 11:00 Messiah Lutheran Church (Ch. 608) 1:15 Hand & Foot (3 rd Floor Lounge) 5:30 Pinochle (2 nd Floor Lounge)	9:45 Outing: Dakota Zoo 10:00 UNO (2 nd Floor Lounge) 11:00 Upper Body Weights (Wellness Center) 1:30 Resident Council (Castle Rock Dining Room) 3:00 Ice Cream Social (Shale Patio)	<u>Salon Open</u> 10:00 Hand Massages (2 nd Floor Lounge) 11:00 Wellness in Motion (Chapel) 1:30 DIY Craft: Pressed Flower Bookmarks (Wellness Center) 1:30 Whist (2 nd Floor Lounge) 2:30 Hymn Sing with Ron Callen (Castle Rock Dining Room) 3:30 Walking Club (Front Lobby)	9:30 Outing: Scenic Drive 10:00 Yahtzee (2 nd Floor Lounge) 11:00 Balloon Volleyball (Wellness Center) 12:00 LUNCH ON THE PATIO, SIGN UP 1:30 Bingo (Castle Rock Dining Room) 3:00 Coffee & Cookies (Lounges)	9:30 Walmart/Cashwise 10:00 Knitting & Crochet Club (2 nd Floor Lounge) 11:00 Chair Exercise (Wellness Center) 1:00 Walmart/Cashwise 1:30 Thirsty Thursday (Assorted Drinks) (Bistro Patio)	<u>Salon Open</u> 9:00 Manicures (2 nd Floor Lounge) 11:00 Drumming (Wellness Center) 1:30 Chase the Ace (Badlands) 2:30 Resident Birthday Party, Music: Young at Heart (Castle Rock Dining Room)	9:30 Coffee Time (2 nd Floor Lounge) 1:30 Bingo (Castle Rock Dining Room)
21	22	23	24	25	26	27
9:30 Catholic Mass (Chapel or Ch. 99) 9:30 Bible Baptist Church (Ch. 12) 10:30 Coffee & Pastries (Bistro) 11:00 Messiah Lutheran Church (Ch. 608) 1:15 Hand & Foot (3 rd Floor Lounge) 2:00 Tractor Show & Ice Cream	9:30 Outing: Men's Group, Fishing at Owl's Pond (Sign Up) 10:00 UNO (2 nd Floor Lounge) 11:00 Upper Body Weights (Wellness Center) 1:30 Wii Bowling (Wellness Center) 3:00 Popcorn & Lemonade Social (Shale Patio)	<u>Salon Open</u> 10:00 Hand Massages (2 nd Floor Lounge) 11:00 Strength and Balance (Wellness Center) 11:15 LUNCH OUTING: Broadway Grill 1:30 Whist (2 nd Floor Lounge) 2:30 Creative Cooking: Frozen Bananas 3:30 Walking Club (Front Lobby)	10:00 Shut the Box (2 nd Floor Lounge) 11:00 Music in Motion (Wellness Center) 12:00 LUNCH ON THE PATIO, SIGN UP 1:30 Bingo Store (Castle Rock Dining Room) 3:00 Coffee & Cookies (Lounges)	9:30 Dollar Tree/Fleet Farm 10:00 Knitting & Crochet Club (2 nd Floor Lounge) 11:00 Chair Exercise (Wellness Center) 1:00 Dollar Tree/Fleet Farm 1:30 Bean Bag Toss (Shale Patio) 3:45 Bookmobile (Front Lobby) 4:00-7:00 BLOCK PARTY (Parking Lot)	<u>Salon Open</u> 9:00 Manicures (2 nd Floor Lounge) 11:00 Balloon Volleyball (Wellness Center) 1:30 Rummikub (Badlands) 2:30 Happy Hour, Music, Nolan Falcon (Castle Rock Dining Room)	9:30 Coffee Time (2 nd Floor Lounge) 1:30 Bingo (Castle Rock Dining Room)
28	29	30	1	2	3	4
9:30 Catholic Mass (Chapel or Ch. 99) 9:30 Bible Baptist Church (Ch. 12) 10:30 Coffee & Pastries (Bistro) 11:00 Messiah Lutheran Church (Ch. 608) 1:15 Hand & Foot (3 rd Floor Lounge) 5:30 Pinochle (2 nd Floor Lounge)	10:00 Rummikub (2 nd Floor Lounge) 11:00 Upper Body Weights (Wellness Center) 1:30 Wii Bowling (Wellness Center) 3:00 Water Balloon Toss (Shale Patio)	<u>Salon Open</u> 10:00 Hand Massages (2 nd Floor Lounge) 11:00 Wellness in Motion (Chapel) 1:30 Whist (2 nd Floor Lounge) 1:30 Outdoor Jenga (Shale Patio) 2:30 OUTING: Culver's 3:30 Walking Club (Front Lobby)				