

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Sittercise – FSR 10:30 Mt. Olive Lutheran service – FSR 1:30 September IQ - FSR	2 9:30 Yoga – FSR 10:00 Walmart - Lobby 1:30 Prize Bingo – FSR 2:30 Monthly Birthday Party – FSR	3 9:30 Sittercise – FSR 10:30 SLIDE Categories - FSR 1:30 Swatter Ball -FSR 3:00 Hymns with Joann - FSR 6:30 Money Bingo -FSR	4 9:30 Sittercise – FSR 10:30 Group Crossword - FSR 1:30 Jeopardy - FSR 2:30 Card Bingo – FSR (2 quarters, 2 dimes, 2 nickels)	5 9:30 Yoga - FSR 2:00 Movie: Ordinary Angels with Popcorn Walking with a Friend Happy Birthday Elsie B
6 10:00 Mt. Olive Lutheran Service on TV – FSR 2:00 Independent Activities (such as Playing Cards or Games, Watching Sports, Movies, Get to Know Your Neighbor)- FSR	7 Wellness Packs 2:30 Prize Bingo - FSR	8 9:30 Sittercise – FSR 10:30 Manicures - FSR 1:30 You Tube Sing A Long - FSR 3:00 Worship Service and Communion Service with Suzanne - FSR	9 9:30 Yoga – FSR 10:00 Cub- Lobby 1:15 St. Stephens Communion Service – FSR 2:30 Prize Bingo – FSR	10 9:30 Sittercise – FSR 10:30 Table Bowling - FSR 10:30 Unbreakable Courage Suzanne - LL 11:00 Luna Visits 1:30 Music: Mary Hall -FSR 3:00 Bible Study – FSR 6:30 Money Bingo -FSR	11 9:30 Sittercise – FSR 10:30 Word Games - FSR 1:30 Activity Planning 2:30 Card Bingo – FSR (2 quarters, 2 dimes, 2 nickels)	12 9:30 Yoga - FSR 10:00 Visit with COCO 11:00 Bible Study - FSR 2:00 Movie: The Last Word with Popcorn Walking with a Friend
13 10:00 Mt. Olive Lutheran Service on TV – FSR 2:00 Independent Activities (such as Playing Cards or Games, Watching Sports, Movies, Get to Know Your Neighbor)- FSR Assisted Living Week	14 9:30 Sittercise – FSR 10:30 Hangman VS The Computer - FSR 1:15 St. Stephens Communion Service – FSR 2:30 Prize Bingo – FSR 3:30 Music Through Life - FSR	15 9:30 Sittercise – FSR 10:30 Mt. Olive Lutheran service – FSR 12:00 Ladies Luncheon -DR 2:00 Resident Council – FSR 5:30 Legion Bingo - Lobby	16 9:30 Yoga – FSR 10:00 Walmart - Lobby 1:30 Prize Bingo - FSR 2:30 Bean Bag Championship – FSR	17 9:30 Sittercise – FSR 10:30 Word Games - FSR 10:30 Unbreakable Courage Suzanne - LL 11:00 Luna Visits 1:30 Swatter Ball Championship - FSR 3:00 Happy Hour - FSR 6:30 Money Bingo -FSR	18 9:30 Sittercise – FSR 10:30 Dollar Tree - Lobby 1:30 Sing A Long with Janine - FSR 2:45 Card Bingo – FSR (2 quarters, 2 dimes, 2 nickels)	19 9:30 Yoga - FSR 2:00 Movie: Friday Night Lights - FSR with Popcorn Walking with a Friend Happy Birthday Betty B
20 10:00 Mt. Olive Lutheran Service on TV – FSR 2:00 Independent Activities (such as Playing Cards or Games, Watching Sports, Movies, Get to Know Your Neighbor)- FSR Happy Birthday Betty D	21 9:30 Sittercise – FSR 10:30 Coffee with Chef - FSR 1:15 St. Stephens Communion Service – FSR 2:30 Prize Bingo – FSR 3:30 Music Through Life - FSR	22 9:30 Sittercise – FSR 10:30 Manicures –FSR 1:30 Music: James Kirkendall - FSR 3:00 Worship Service with Suzanne - FSR Happy Birthday Richard D Donelle T	23 9:30 Yoga – FSR 10:00 Walmart - Lobby 1:30 Prize Bingo – FSR 2:30 Ice Cream Social - GR	24 9:30 Sittercise – FSR 10:30 Alzheimer’s walk 11:00 Luna Visits 1:00 Afternoon Drive - Lobby 3:00 Bible Study - FSR 6:30 Money Bingo -FSR	25 9:30 Sittercise – FSR 10:30 Word Mining - FSR 1:30 Finally Friday Trivia - FSR 2:30 Card Bingo – FSR (2 quarters, 2 dimes, 2 nickels) Happy Birthday Maria O	26 9:30 Yoga - FSR 10:00 Visit with COCO 11:00 Bible Study - FSR 2:00 Movie: Firehouse Dog with Popcorn Walking with a Friend Happy Birthday Wilma B
27 10:00 Mt. Olive Lutheran Service on TV – FSR 2:00 Independent Activities (such as Playing Cards or Games, Watching Sports, Movies, Get to Know Your Neighbor)- FSR	28 9:30 Sittercise – FSR 10:30 Monday Morning Trivia - FSR 1:15 St. Stephens Communion Service – FSR 2:30 Prize Bingo – FSR 3:30 Music Through Life - FSR	29 9:30 Sittercise – FSR 10:30 Crafts with Beth - LL 10:30 Manicures –FSR 1:30 Montreal Wellness Party - FSR 3:00 Worship Service with Suzanne - FSR Happy Birthday Carol N	30 9:30 Yoga – FSR 10:00 Target- Lobby 1:30 Who Am I? -FSR 2:30 Prize Bingo – FSR			

Monday – Saturday: 8:00 Breakfast /12:00 Lunch / 5:00 Dinner //Sunday: 8:00 Breakfast/ 12:00 Lunch/ 5:00 Soup and Sandwich