



September 2026

Benedictine Albany
Tranquility

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 AM - Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM- Fit 4 Life *** 1:00 PM – Polka on TV 3:00 PM – Uno 5:30 PM- Rosary 6:00 PM – Shut the Box	2 9:30 AM – Prayer Service *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – String Beads 3:00 PM – Card Games 5:30 PM- Rosary 6:00 PM- Bingo	3 9:30 AM – Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Kinetic Sand 3:00 PM – Water Painting *** 5:30 PM- Rosary 6:00 PM- Yahtzee	4 9:30 AM – Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Memory Game 2:30 PM – Manicures / Reminiscing 5:30 PM- Rosary 6:00 PM- Card Games	5 9:30 AM- Coffee Clutch 1:30 PM – Polka on TV & Snack 3:30 PM - Mass in Chapel 5:30 PM - Rosary 6:00 PM - Bingo
6 9:30 AM – Coffee Clutch 11:00 AM - Catholic Mass ch.12 1:00 PM -Lutheran service on KASM 1:30 PM - Bingo 5:30 PM- Rosary 6:00 PM – Movie & Popcorn	7 10:15 AM – Coffee Clutch 1:00 PM – Board Games 5:30 PM- Rosary 6:00 PM- Bingo Labor Day	8 9:30 AM - Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM- Fit 4 Life *** 1:00 PM – Magna Tiles 3:00 PM – Table Topics 5:30 PM- Rosary 6:00 PM – I spy Bingo	9 9:30 AM – Prayer Service *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Crazy 8’s 2:30 PM – Jerrys one man band *** 5:30 PM- Rosary 6:00 PM- Bingo	10 9:30 AM – Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Lucky Duck 3:00 PM – Velvet Coloring *** 5:30 PM- Rosary 6:00 PM- Yahtzee	11 9:30 AM – Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Memory Game 2:30 PM – Manicures / Reminiscing 5:30 PM- Rosary 6:00 PM- Card Games	12 9:30 AM- Coffee Clutch 1:30 PM – Polka on TV & Snack 3:30 PM - Mass in Chapel 5:30 PM - Rosary 6:00 PM - Bingo
13 9:30 AM – Coffee Clutch 11:00 AM - Catholic Mass ch.12 1:00 PM -Lutheran service on KASM 1:30 PM - Bingo 5:30 PM- Rosary 6:00 PM – Movie & Popcorn	14 9:30 AM – Prayer Service *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Trouble 2:30 PM – Monthly Bday Party w/ Max & Deb *** 5:30 PM- Rosary 6:00 PM- Bingo	15 9:30 AM - Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM- Fit 4 Life *** 1:00 PM – Dominoes Afternoon Golf Cart Rides *** 5:30 PM- Rosary 6:00 PM – Bean Bag Toss	16 9:30 AM – Prayer Service *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Penny for your thoughts 5:30 PM- Rosary 6:00 PM- Bingo	17 9:30 AM – Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Coloring 3:00 PM –Word Games*** 5:30 PM- Rosary 6:00 PM- Yahtzee	18 9:30 AM – Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Memory Game 2:30 PM – Manicures / Reminiscing 5:30 PM- Rosary 6:00 PM- Card Games	19 9:30 AM- Coffee Clutch 1:30 PM – Polka on TV & Snack 3:30 PM - Mass in Chapel 5:30 PM - Rosary 6:00 PM - Bingo
20 9:30 AM – Coffee Clutch 11:00 AM - Catholic Mass ch.12 1:00 PM -Lutheran service on KASM 1:30 PM - Bingo 5:30 PM- Rosary 6:00 PM – Movie & Popcorn	21 9:30 AM – Prayer Service *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Uno 5:30 PM- Rosary 6:00 PM- Bingo	22 9:30 AM - Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM- Fit 4 Life *** 1:00 PM – Match Game 2:30 PM – Food Demo in Chapel *** 5:30 PM- Rosary 6:00 PM – Parachute	23 9:30 AM – Prayer Service *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – String Beads 2:30 PM – Gary Glysen in Chapel *** 5:30 PM- Rosary 6:00 PM- Bingo	24 9:30 AM – Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Uno Spin 5:30 PM- Rosary 6:00 PM- Yahtzee	25 9:30 AM – Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Memory Game 2:30 PM – Manicures / Reminiscing 5:30 PM- Rosary 6:00 PM- Card Games	26 9:30 AM- Coffee Clutch 1:30 PM – Polka on TV & Snack 3:30 PM - Mass in Chapel 5:30 PM - Rosary 6:00 PM - Bingo
27 9:30 AM – Coffee Clutch 11:00 AM - Catholic Mass ch.12 1:00 PM -Lutheran service on KASM 1:30 PM - Bingo 5:30 PM- Rosary 6:00 PM – Movie & Popcorn	28 9:30 AM – Prayer Service *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Snack & Chat in the Sun Porch 5:30 PM- Rosary 6:00 PM- Bingo	29 9:30 AM - Mass in Chapel *** 10:15 AM – Coffee Clutch 11:00 PM- Fit 4 Life *** 1:00 PM – Bingo 5:30 PM- Rosary 6:00 PM – Board Games	30 9:30 AM – Prayer Service *** 10:15 AM – Coffee Clutch 11:00 PM – Fit 4 Life *** 1:00 PM – Trouble 2:30 PM – Sept Bday Pie Social *** 5:30 PM- Rosary 6:00 PM- Bingo		Activities with the *** by will be led by activity staff	

Activities Subject to Change

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